

Hungry for Professional Development Resources?



Web-Based Tutorials

FREE interactive training designed especially for School Nutrition personnel. Credit hours are listed for each tutorial and are accessible from anywhere with an internet connection.

- Overview of School Meal Programs
- Determining Eligibility (2)
- Food Bars (0.5)
- Food Buying Guide (1.5)
- Food Labels (0.5)
- Food Production Records (1.0)
- Food Safety (2.5)
- Verifying Eligibility (2.0)
- Food Service Management Company Contracting (1.0)
- Iowa USDA Foods (1.0)
- Meal Counting (1.5)
- Meal Pattern (1.5)
- Offer Versus Serve (1.5)
- School Wellness Policy (0.5)
- Smart Snacks in School (1.0)
- Standardized Recipes (1.0)
- Team Nutrition (0.5)



To access the tutorials, visit: <http://ilopd.iowa.gov>. Scroll down to “Iowa School Meal Programs Tutorials.”
Next, create an account using the enrollment key “schoolmeals.”