## Waukee Community Schools
### 2015-2016 Elementary School Cycle Menu

**Breakfast:** Student $1.70  
Adult $2.00  
**Lunch:** Student $2.55  
Adult $3.45

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<th>MARCH</th>
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- **Monday**  
  - Donut  
  - Fruit & Milk
- **Tuesday**  
  - Breakfast Pizza  
  - Fruit & Milk
- **Wednesday**  
  - Bacon Extravaganza* or Scrambled Eggs  
  - Toast  
  - Fruit & Milk
- **Thursday**  
  - Cinnamon Roll  
  - Fruit & Milk
- **Friday**  
  - Snack’n Waffle®  
  - Fruit & Milk

### Tasty Traditions

- **Monday**  
  - Hamburger or Cheeseburger  
  - Turkey & Cheese Sandwich  
  - Sandwich Fixings  
  - French Fries  
  - Baby Carrots  
  - Mixed Fruit
- **Tuesday**  
  - Mini Waffles & Sausage Links  
  - Sun Butter/Jelly Sandwich  
  - Sweet Potato Coins  
  - Celery Sticks  
  - Orange Juice Cup
- **Wednesday**  
  - Walking Taco Doritos®  
  - Ham* Sandwich  
  - Refried Beans  
  - Taco Fixings  
  - Applesauce
- **Thursday**  
  - Pepperoni French Bread*  
  - Sun Butter/Jelly Sandwich  
  - Steamed Green Beans  
  - Romaine Salad  
  - Pineapple
- **Friday**  
  - Tyson® Chicken Nuggets  
  - Turkey & Cheese Sandwich  
  - Mashed Potatoes & Gravy  
  - Cherry Tomatoes  
  - Pears

### Kydz-ables

- **Monday**  
  - Cheese Cubes  
  - Trix® Yogurt  
  - Celery  
  - Apple Slices  
  - Dinner Roll
- **Tuesday**  
  - Cheese Cubes  
  - Trix® Yogurt  
  - Baby Carrots  
  - Hummus  
  - Strawberry Cup  
  - Wheat Thin Crackers
- **Wednesday**  
  - Cheese Cubes  
  - Trix® Yogurt  
  - Cucumber  
  - Banana  
  - Dinner Roll
- **Thursday**  
  - Cheese Cubes  
  - Trix® Yogurt  
  - Cherry Tomatoes  
  - Peas  
  - Applesauce Cup  
  - Saltine Crackers
- **Friday**  
  - Cheese Cubes  
  - Trix® Yogurt  
  - Broccoli  
  - Sliced Red Peppers  
  - Orange Slices  
  - Saltine Crackers  
  - Dinner Roll

### Warrior Salads

- **Monday**  
  - Ham*  
  - Romaine Lettuce  
  - Celery  
  - Cauliflower  
  - Apple Slices  
  - Dinner Roll  
  - Saltine Crackers
- **Tuesday**  
  - Shredded Cheese  
  - Romaine Lettuce  
  - Black Beans  
  - Corn  
  - Applesauce Cup  
  - Frito Chips
- **Wednesday**  
  - Turkey & Cheese  
  - Romaine Lettuce  
  - Baby Carrots  
  - Cucumbers  
  - Banana  
  - Dinner Roll
- **Thursday**  
  - Egg  
  - Romaine Lettuce  
  - Cherry Tomatoes  
  - Peas  
  - Strawberry Cup  
  - Dinner Roll
- **Friday**  
  - Cottage Cheese  
  - Romaine Lettuce  
  - Broccoli  
  - Sliced Red Peppers  
  - Orange Slices  
  - Saltine Crackers  
  - Dinner Roll

- **Entrée Choice**  
- *may contain pork

Milk is offered with each meal  

Menu subject to change without notice

To make a $2.55 meal, students must choose at least three of the five meal components offered daily (milk, fruit, vegetable, grain, protein), with one component being a fruit and/or a vegetable. To make a free or reduced price meal, for those that qualify, you must also meet the criteria listed above.

This institution is an equal opportunity provider.
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- No School
- Early Out

### Monday
- Egg & Cheese Sandwich
- Fruit & Milk

### Tuesday
- Breakfast Pizza
- Fruit & Milk

### Wednesday
- Cheese Omelet & Toast
- Fruit & Milk

### Thursday
- Cinnamon Roll
- Fruit & Milk

### Friday
- Mini Pancakes
- Fruit & Milk

#### Tasty Traditions
- ●Ballpark® Hot Dog*
- ●Turkey & Cheese Sandwich
- ●French Toast & Cheese Omelet
- ●Sun Butter/Jelly Sandwich
- ●Chicken Strips
- ●Turkey & Cheese Sandwich
- ●Personal Pan Cheese Pizza
- ●Sun Butter/Jelly Sandwich
- Sack Lunch
- Sandwich of choice
- Turkey, Ham, Sun-butter
- Baby Carrots
- Apple slices
- Fresh Baked Cookie

#### Kydz-ables
- Cheese Cubes
- Trix® Yogurt
- Celery
- Apple Slices
- Dinner Roll

- Cheese Cubes
- Trix® Yogurt
- Baby Carrots
- Hummus
- Strawberry Cup
- Wheat Thin Crackers

- Cheese Cubes
- Trix® Yogurt
- Cucumber
- Banana
- Dinner Roll

- Cheese Cubes
- Trix® Yogurt
- Cherry Tomatoes
- Peas
- Applesauce Cup
- Saltine Crackers

#### Salads
- Ham*
- Romaine Lettuce
- Celery
- Cauliflower
- Apple Slices
- Dinner Roll
- Saltine Crackers

- Shredded Cheese
- Romaine Lettuce
- Black Beans
- Corn
- Applesauce Cup
- Frito Chips

- Turkey & Cheese
- Romaine Lettuce
- Baby Carrots
- Cucumbers
- Banana
- Dinner Roll

- Egg
- Romaine Lettuce
- Cherry Tomatoes
- Peas
- Strawberry Cup
- Dinner Roll

*Entrée Choice  *may contain pork

Milk is offered with each meal

To make a $2.55 meal, students must choose at least three of the five meal components offered daily (milk, fruit, vegetable, grain, protein), with one component being a fruit and/or a vegetable. To make a free or reduced price meal, for those that qualify, you must also meet the criteria listed above.

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