

**EAT WELL.
PLAY WELL.
DO WELL.**



GARRETT SAUNDERS

BASEBALL • BASKETBALL • FOOTBALL • NHS
STUDENT COUNCIL • SENIOR COUNCIL • TRACK

Favorite Healthy Snack: APPLE
Favorite Subject: SCIENCE



Funding provided by the Iowa Department of Education's Team Nutrition Program.

STAY IN TUNE WITH YOUR HEALTH!



JENNA THORNBURG

BAND • BASKETBALL • CHORUS • ETC
LEO CLUB • SPANISH CLUB • VOLLEYBALL

Favorite Healthy Snack: APPLES/ORANGES

Favorite Subject: CALCULUS



Funding provided by the Iowa Department of Education's Team Nutrition Program.



AN APPLE A DAY...



CHUCK BANKS

PRINCIPAL

FISHING • GOLF • SPENDING TIME WITH FRIENDS & FAMILY

Favorite Healthy Snack: CELERY & PEANUT BUTTER

Favorite Subject: ALL OF THEM!



Funding provided by the Iowa Department of Education's Team Nutrition Program.



**SERVING UP NUTRITION,
DIGGING A HEALTHY
LIFESTYLE.**



KELSEY SPEES

BAND • VOLLEYBALL • YLC

Favorite Healthy Snack: FRUIT

Favorite Subject: MATH



Funding provided by the Iowa Department of Education's Team Nutrition Program.



**EAT RIGHT.
BE BRIGHT.**



SYDNEY ATWOOD

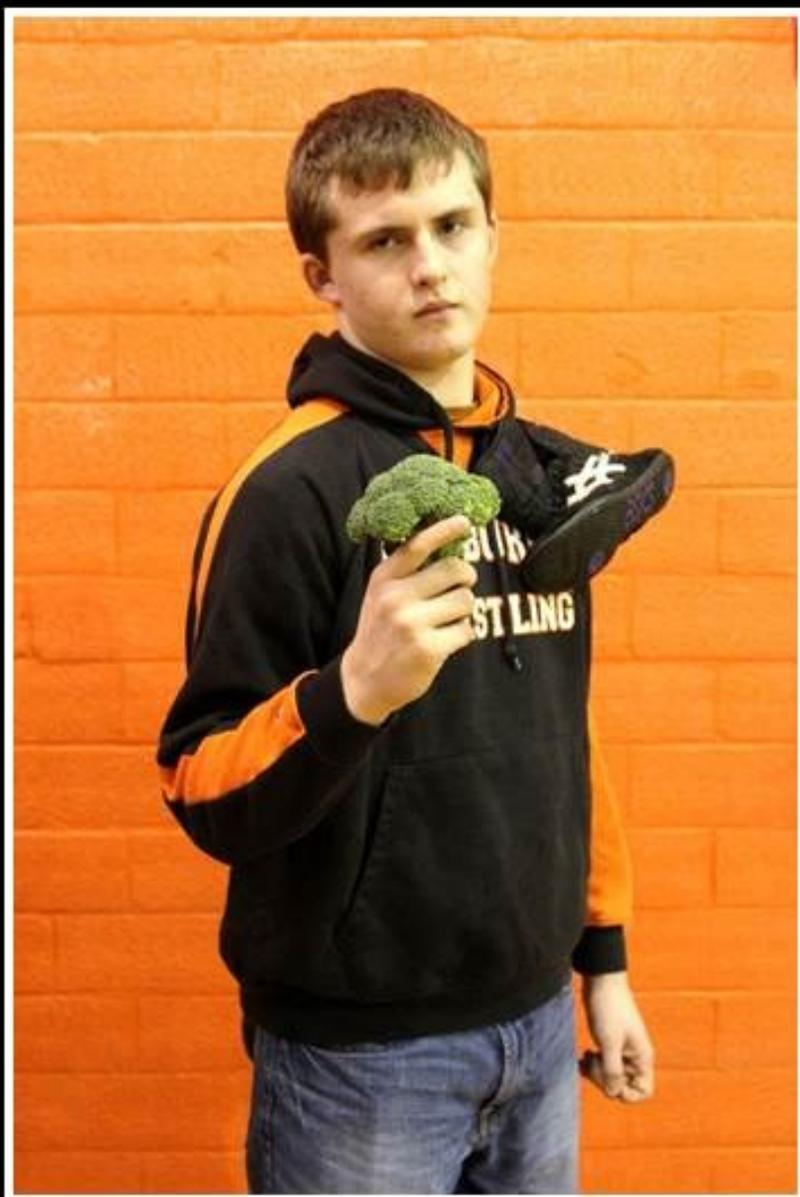
BAND • CHORUS • CROSS COUNTRY • ETC
LEO CLUB • NHS • SPANISH CLUB • THEATRE
TRACK

Favorite Healthy Snack: PEACHES

Favorite Subject: MATH



Funding provided by the Iowa Department of Education's Team Nutrition Program.



**EAT SMART.
TRAIN HARD.**



TY STOCKWELL

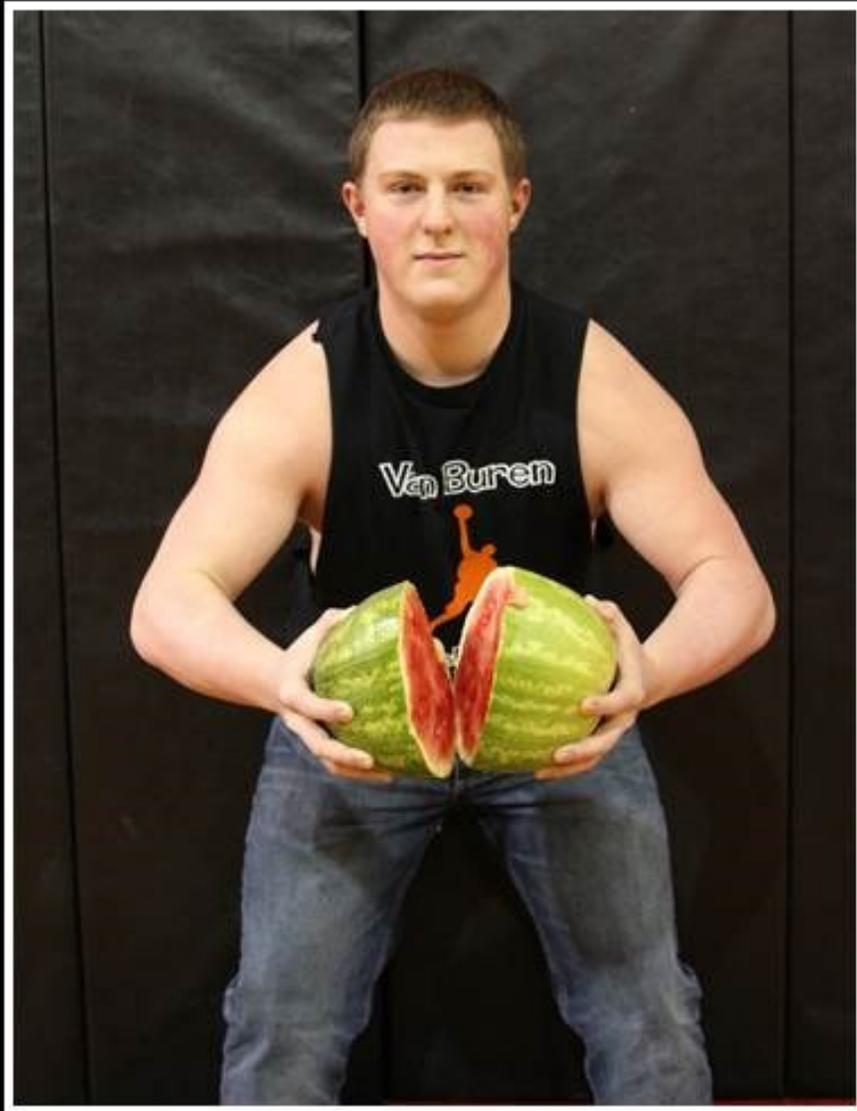
BASEBALL • TRACK • WRESTLING

Favorite Healthy Snack: CARROTS

Favorite Subject: GEOMETRY



Funding provided by the Iowa Department of Education's Team Nutrition Program.



**EAT GOOD.
FEEL GOOD.**



JUSTIN HAGANS

BASKETBALL • FOOTBALL • TRACK
WEIGHTLIFTING

Favorite Healthy Snack: APPLES
Favorite Subject: MATH



Funding provided by the Iowa Department of Education's Team Nutrition Program.

YOU CAN'T BEAT A HEALTHY HEART!



GRACE THOMAS

BASKETBALL • LEO CLUB • SOFTBALL
SPANISH CLUB • VOLLEYBALL

Favorite Healthy Snack: MIXED FRUIT
Favorite Subject: MATH



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EAT RIGHT TO STAY ON PAR FOR THE HEALTHY COURSE



AUSTIN BARTHOLOMEW
BASEBALL • BASKETBALL • GOLF

Favorite Healthy Snack: STRAWBERRIES
Favorite Subject: MATH



Funding provided by the Iowa Department of Education's Team Nutrition Program.

**EAT BETTER.
RUN FASTER.**



KAITLYN JOHNSON
ART CLUB • BASKETBALL • CROSS COUNTRY
NHS • TRACK

Favorite Healthy Snack: STRAWBERRY-BANANA SMOOTHIE
Favorite Subject: PSYCHOLOGY



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**CATCH THE FEELING!
BE HEALTHY!**



KORTNEY BANKS

GOLF • RHYTHM SQUAD • SCIENCE CLUB
SOFTBALL • STUDENT COUNCIL • VOLLEYBALL

Favorite Healthy Snack: APPLES

Favorite Subject: SCIENCE



Funding provided by the Iowa Department of Education's Team Nutrition Program.

**EAT STRONG.
BE STRONG.**



GREG JONES

ACTIVITIES DIRECTOR
BIRD HUNTING • FISHING • SWIMMING
WEIGHTLIFTING

Favorite Healthy Snack: HONEYCRISP APPLES

Favorite Subject: ART-WHAT ELSE?



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