



Traditional Breakfast



- Eating in a familiar setting for students who already eat school lunch prepares students for a good morning start.
- Cafeteria is already set up for large flow of students in one location.
- It requires no special transportation or packaging of foods; conducive to serving hot food options.

Fact Sheet

Who:	Meet with key decision makers at your school to initiate the program. Obtain approval and support from administrator, principal, teachers and food service staff. Staff at each school receives training for set-up and implementation.
What:	A traditional plated breakfast served cafeteria-style.
When:	Before school starts.
Where:	Breakfast served, like lunch, in the cafeteria.
	To increase participation in the breakfast program.
Why:	Provides a nutritious meal to students.
	Allows students to eat with siblings or friends.
How:	Students follow lunchtime flow for food pick up and seating.

Will this work for my school? Circle YES/NO after each of the following statements to determine if Traditional Breakfast will work for your school

1.	School busses arrive early enough to allow time in the cafeteria.		YES	NO
2.	Non-bussed students can arrive at school in time to participate in a cafeteria meal.		YES	NO
3.	Staff is available and willing for morning service.		YES	NO
4.	Cafeteria is available for use/not in use for other purposes before school.		YES	NO
5.	Cafeteria is centrally located for ease of service.		YES	NO
6.	Centralized ticket punching/money collection will work for breakfast.		YES	NO
7.	Teachers are likely to eat breakfast with students.		YES	NO
8.	Cafeteria is large enough to serve potential participants.		YES	NO
9.	Parents/students in this area expect hot foods for breakfast.		YES	NO