School Wellness Conference
Thursday, November 12th 9:00am – 2:30pm
Iowa State University Alumni Center

**MORNING**

8:30 – 9:00  Registration and Light Breakfast

9:00 - 9:15  Welcome and Introductions  
Carrie Scheidel - Iowa Department of Education  
Jami Haberl – Iowa Healthiest State Initiative

9:15 – 9:45  School Wellness and Academic Achievement  
Greg Welk – Iowa State University

9:45 – 10:15  School Wellness Discussion Board

10:15 – 10:30  Recess – Physical Activity Break

10:30 – 11:00  School Wellness Policy, Systems & Environments  
Patti Delger & Carrie Scheidel - Iowa Department of Education

11:00 – 11:30  Smarter Lunchrooms  
Lorraine Lanningham-Foster – Iowa State University  
Julie Miller – Oskaloosa Community School District

11:30 – Noon  Break Out One  
**Nutrition Opportunities at School**  
Patti Delger and Carrie Scheidel

11:30 – Noon  Break Out Two (lower level)  
**Shared Use Agreements**  
**Safe Routes to School**  
Stacy Frelund – American Heart Association

**AFTERNOON**

Noon – 12:45  Physical Activity Break and Lunch

12:45-1:45  Break Out One  
**SWITCH: School Wellness Integration**  
Targeting Child Health  
Iowa State University

12:45-1:45  Break Out Two (lower level)  
**Comprehensive School Physical Activity Program**  
Sara Sprouse – Van Buren CSD

1:45 – 2:00  Sharing of Wellness Discussion Results

2:00 – 2:30  Team Time, Action Plans, and Funding Opportunities

2:30  Conclude