Of Iowa Schools Surveyed in 2014,

- 59.2% Used Attractive Displays for Fruits and Vegetables in the Cafeteria
- 66.6% Offered a Self-Serve Salad Bar to Students
- 68.2% Placed Fruits and Vegetables Near the Cafeteria Cashier for Easy Access
- 90.2% Taught the Benefits of Healthy Eating
- 89.8% Taught the Benefits of Drinking Plenty of Water

All information in this Fact Sheet comes from the 2014 Iowa School Health Profiles survey, which gathers information about middle school and high school health education practices from the perspectives of school principals and lead health teachers. This Fact Sheet was developed by the National Resource Center for Family Centered Practice at the University of Iowa School of Social Work for the Iowa Department of Education.

Learn More at https://www.educateiowa.gov/
35.1% of Schools Have Used the School Health Index or Other Self-Assessment Tool to Assess School Nutrition Policies, Activities and Programs

14.3% of Schools Allow Students to Purchase Soda Pop or Fruit Drinks

49.9% of High Schools Served Locally or Regionally Grown Foods in the Cafeteria or Classrooms

57.8% of Schools Provided Information to Students or Families on the Nutrition and Caloric Content of Foods Available

47.5% of Schools Collected Suggestions from Students, Families, and Staff on Nutritious Food Preferences and Strategies to Promote Healthy Eating