School Nutrition Training Events—April 2016

- Council Bluffs—Tuesday, April 26
- Cedar Rapids—Wednesday, April 27
- Trainers from Institute of Child Nutrition
- No cost to schools. Mileage and sub-pay available.

Using the Cafeteria as a Classroom 8:00AM - Noon
St. Albert High School, Co. Bluffs
Kirkwood Continuing Education Center, Cedar Rapids

Learn to:
- Market Healthy Options
- Reach out to the School Community
- Communicate with Parents
- Explore Farm to School Possibilities

Limit of two staff per school district. Same staff can also attend “Practical Skills for Preparing Quality Meals.”

Practical Skills for Preparing Quality Meals 1:00 - 5:00 PM
St. Albert High School, Co. Bluffs
Kirkwood Culinary Kitchen, Newbo City Market - Cedar Rapids

Learn the 5 steps for PROUD meal service through hands-on activities.
- Plan food production for just-in-time service;
- Review the quality score card and recipe;
- Organize equipment and recipe ingredients;
- Use the right culinary technique; and finally,
- Deliver a quality product.

Limit of two staff per school district. Same staff can also attend “Using the Cafeteria as a Classroom.”

For more information and to register, go to Education Events-Nutrition on the Iowa Department of Education website.