SMART SNACKS
PRODUCT CALCULATOR

ALLIANCE FOR A HEALTHIER GENERATION

Smart Snacks Product Calculator Results

Brand:
Oatmeal Chocolate Chip Cookie

Product Name:
Oatmeal Chocolate Chips Cookie

Serving Size:
70.88 g

First Ingredient:
Oatmeal

Your whole grain product meets all nutrient standards.

Nutrition Facts

Serving Size 2.5 oz (about 70.88 g)

Servings Per Container

Amount Per Serving

Calories 125	**Calories from Fat** 45
Total Fat (g) 4	
Saturated Fat (g) 1	
Trans Fat (g) 0	
Sodium (mg) 102	
Carbohydrates	
Sugars (g) 11	
Vitamin D (%) NA	Potassium (%) NA
Calcium (%) NA	Dietary Fiber (%) NA

START OVER

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Questions Contact us.

FOUNDED BY: American Heart Association, Clinton Foundation