

To do what nobody else will do,
A way that nobody else can do,
In spite of all that we go through;
That is to be a Nurse.

-Rawsi Williams

STOCK EPINEPHRINE RULES AND TALKING POINTS

- ◇ The law and the guiding administrative rules were in effect January 13, 2016.
- ◇ Schools boards and School authorities develop a policy once they have made the decision if their district or school would like to stock epinephrine
- ◇ A local health care provider can write a prescription for a school district or accredited nonpublic school.
- ◇ A free program is currently available to assist schools with procuring non-patient specific epinephrine, this free program is called [EpiPen4Schools](#)
- ◇ The adopted and filed administrative rules can be located on the [Iowa Department of Education Website](#)
- ◇ The training resources and required reporting form for the administration of stock epinephrine, medication errors or incidents involved with the administration of stock epinephrine can be located on the Iowa Department of Education's [School Nurse Resource Page](#)
- ◇ For additional information on policy development, please contact the Iowa Association of School Boards or your schools legal counsel.

If you have further questions regarding the new administrative rules, please feel free to contact Melissa Walker, Iowa Department of Education, at (515)281-5327 or Email: melissa.walker@iowa.gov

School Nurse News



Melissa Walker, School Nurse Consultant,
Iowa Department of Education

February 2016

Articles In This Newsletter

- **Stock Epinephrine Rules**
- **Step Up & Be Counted Update**
- **Annual ISNO Spring Conference Information**
- **Teen Depression Webinar**
- **School Nurse Department of Education Webpage Update “New and Improved”**
- **Professional Development**
- **Dating Violence Resources**
- **“Healthy Students, Promising Futures” January 15, 2016, Letter from the US Department of Education and US Department of Health and Human Services and Toolkit**



**Iowa School Nurses
were asked to volunteer in
2014
to
Step Up and Be Counted
and
They Did!**

School Nurse from across the state submitted the number of students who were medically diagnosed with asthma, anaphylaxis allergies, seizure disorders, Type 1 Diabetes and Type 2 Diabetes, their student population and how many nurses they had in 2014-2015

**Iowa nurses reported 16,198
Chronic Health Conditions for
a total school population of
183,359 students in 99 dis-
tricts or schools.**



CALLING ALL SCHOOL NURSES!

The **2015-2016** School Nurse Step Up & Be Counted Voluntary Data Collection is underway. Many school nurses have already submitted their student's chronic health condition data and many of you have plans to do so. **The Iowa Department of Education has created two links, one to submit your school district's school health workforce data and student chronic health conditions called. To submit your data click on this link: [Step Up and Be Counted](#)**

- School District and Organization Name, Number of School Buildings, Contact Information, phone or email address, School Enrollment/ Population #

Student Chronic Health Information

students with **Asthma** , # students with a **Life Threatening Allergy** (anaphylaxis) , # students with a **seizure disorder** , # students with **Type 1 Diabetes**, and # students with **Type 2 Diabetes**

School Health Staff Information Serving the Student Population

of registered nurses (RN) providing health services to the student population in the school or district

of licensed practical nurses (LPN) providing health services to the student population in the school or district

of health associates or health paraprofessionals (HA) providing health services to the student population in the school or district

School Health Staff working with Assigned Students or Caseload

of registered nurses (RN) providing health services to an assigned student or caseload

of licensed practical nurses (LPN) providing health services to an assigned student or caseload (continue to the next page)



CALLING ALL SCHOOL NURSES!

(continue from previous)

of a health associates or health paraprofessionals (HA) providing health services to an assigned student or caseload

The second link is to submit student encounters with your school health workforce and the outcomes from those encounters: [Step Up and Be Counted Health Encounters](#)

of registered nurse (RN) and student visits/encounters to the health office or for health services that resulted in:

#the student being sent back to class

#sent home

emergency service referral

of licensed practical nurse (LPN) and student visits/encounters to the health office or for health services that resulted in:

#the student being sent back to class

#sent home

emergency service referral

of health associate or health paraprofessionals (HA) and student visits/encounters to the health office or for health services that resulted in:

#the student being sent back to class

#sent home

emergency service referral

The National Association of Nursing has a PowerPoint available, newsletter, and other resources for school nurses to place their local level data in to present to school administration at [NASN Step Up, Be Counted Resources](#)

If you have questions or need additional assistance, please contact:

Melissa Walker at (515)281-5327

National Association of School Nurses

“Step Up, Be Counted”

Resource Links:

[Your Data’s Presentation
Template](#)

[District Newsletter Article
Template](#)

[School Newsletter Article
Template](#)

[Infographic for the Na-
tion Data Collected in
2014-2015](#)

Reporting Forms:

[Data Collection Tool Excel](#)



If you have Questions, please
feel free to email:

Melissa Walker, School Nurse
Consultant

melissa.walker@iowa.gov

515-281-5327

Teen Depression Through 3 Lenses:

Young Adult, Parent, Clinician

FREE WEBINAR

Tuesday, March 1st

6:00 to 7:15 PM CST

Join the webinar for a discussion with Dr. Mary Fristad [an expert in teen depression], Colin [who has struggled with depression], and Colin's mom, Sheila [who not only supports Colin, but has also survived the loss of another son to suicide]

Register

at: [www.familyaware.org/
trainings](http://www.familyaware.org/trainings)

Have You Been To The Department of Education

"School Nurse" Page lately? ...Check it out!

The "school nurse" page has been under construction for the last month and is ready for school nurses to navigate. The pages available for schools nurses are linked and as follows:

- ⇒ [School Nurse](#): Provides an overview of school nursing, the listserv, newsletters, and links to access the other pages
- ⇒ [School Nurse Resources](#): Provides resources on the medication administration course, medication waste guidance, epinephrine resources, blood borne pathogens, delegation, school nurse evaluation, legal health summary, school record retention and more.
- ⇒ [Student Health Requirements for School](#): Provides grade specific requirements for students wishing to enroll in Pre-school thru 12th grade.
- ⇒ [Student Health Conditions](#): Provides frequently requested Iowa resources and trainings (if available) on allergies, asthma, concussion, other brain injuries, diabetes, head lice, influenza, mental health, and seizure disorders.
- ⇒ [School Health Resources](#): Provides the "Life Course" school nurse application tool and the series of 9 webinars taped and linked for registration on health topics, School health guidelines newsletters, school wellness, physical activity, Healthy Kids Act, and more

"School Nursing Practice - Superheroes in Action"

2016 ISNO Annual Spring School Nurse Conference

Location: AMES, IOWA

Pre-conference: Wednesday, April 6, 2016

Conference: Thursday, April 7, 2016 & Friday, April 8, 2016



To join Listserv:

iowasn@lists.ed.iowa.gov

To cancel Listserv send a blank email to:

iowasn@lists.ed.iowa.gov

“Dating Matters”

The [Veto Violence](#) webpage has a link to “[Dating Matters](#)” online training for educators, parents, and other adults working with teens who seek to promote healthy relationships. “Choose Respect” campaign for middle-school aged youth is also linked to the web page.

[Futures Without Violence](#) has some great resources for Teen dating Violence Prevention, including the “[Start Strong: Healthy Teen Relationships](#)” webpage and links to great resources.

For more resources, please contact Binnie LeHew MSW, Office of Disability, Injury & Violence Prevention, IA Dept. of Public Health

Email:

Vivian.Lehew@idph.iowa.gov

Professional Development Opportunities “Save The Date!”

➡ **“School Nursing Practice - Superheroes in Action”**

2016 ISNO Annual Spring School Nurse Conference

Save the date! (Registration will be sent out soon via listserv)

Location: AMES, IOWA

Pre-conference: Wednesday, April 6, 2016

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24th Annual Brain Injury Alliance-IA Conference

➡ **Location:** Des Moines, Iowa

Conference: March 3rd & 4th, 2016

Registration Link: [“Now What? The Art and Science of Healing, Services, and Supports”](#)

“Have you ever attended a nation school nurse conference? This year, NASN will be in Indianapolis, Indiana which is drivable for most.”

➡ **NASN 2016 48th Annual Conference**

“Learning, Linking, Leading”

Location: JW Marriott Indianapolis, Indiana

Conference: June 30 to July 3, 2016

(registration will be available soon and sent out via listserv)

➡ **Unity Point School Nurse Conference**

Conference: July 20, 2016

(registration will be available soon and sent out via listserv)

Healthy Students, Promising Futures

Key Policy Letters Signed by the Education Secretary and Deputy Secretary

On January 15, 2016, a letter was sent out to all Chief State School Officers, State Health Officials, and Governors to renew the commitment to deliver the common ground belief that every child in our country deserves the opportunity to live healthy and successful lives by supporting quality health care and education for every child. A letter and accompanying toolkit offers resources and suggested practical steps to share the connection of health and education services. A conference call was held on January 15, 2016 with the HHS Deputy Secretary Mary Wakefield, U.S. Surgeon General Vivek Murthy, Center for Medicaid and CHIP Services Director Vikki Wachino, Department of Education Secretary John King, National Association of School Nurse President, Beth Matte, and National Association of School Nurse Executive Director, Donna Mazyck sharing the importance of our nation's school children's health and education.

To access the letter, please follow this link:

[Key Policy Letters Signed by the Education Secretary or Deputy Secretary](#)

To access the toolkit, please follow this link:

[Healthy Students, Promising Futures](#)

Also, the tool kit and letter can be located on the Iowa Department of Education website:

["Healthy Students, Promising Futures"](#)

