Iowa Lead Health Education Teachers:

- Gained Professional Preparation in Both Health and Physical Education (41.4%)
- Had 15 or More Years of Health Education Experience (33.9%)
- Received Professional Development on:
  - Interactive Teaching Methods (58.5%)
  - Classroom Management Techniques (56.4%)
  - Violence Prevention (54.2%)

All information in this Fact Sheet comes from the 2014 Iowa School Health Profiles survey, which gathers information about middle school and high school health education practices from the perspectives of school principals and lead health teachers. This Fact Sheet was developed by the National Resource Center for Family Centered Practice at the University of Iowa School of Social Work for the Iowa Department of Education.

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72.7% of schools had a physical education teacher who received professional development on physical education or physical activity during the past year.

Percentage of schools that provided physical education teachers with the following: According to principal survey results:

- Goals, Objectives, and Expected Outcomes for Physical Education: 90.2%
- A Chart Describing the Annual Scope and Sequence of Physical Education Instruction: 64.6%
- Plans for How to Assess Student Performance in Physical Education: 72.9%
- A Written Physical Education Curriculum: 76.8%
- Resources for Fitness Testing: 91.4%
- Physical Activity Monitoring Devices for Physical Education: 66.3%