Italian Sub

Ingredients	For 16 Servings		Directions
	Weight	Measure	
Swiss American Cheese		32 slices	1. Chill all ingredients. 2. Layer 1 slice each of Swiss cheese, turkey ham, turkey salami and turkey pepperoni on Hoagie bun. 3. Add ¼ cup shredded lettuce to sub sandwich. CCP: Cool to 40° F or below
Turkey Combo Ham		16 slices	
Turkey Combo Salami		16 slices	
Turkey Combo Pepperoni		16 slices	
Lettuce, romaine, shredded		2 cups	
Hoagie Bun		16 bun	

TEAM NUTRITION IOWA

Serving Size: Yield: 16 servings

Nutrition Analysis: **Serving Size**: 1 sandwich

Calories: 390	Calories from Fat: 31%	Total Fat: 14 g	Saturated Fat: 6.5 g	Trans Fat: 0 g
Cholesterol: 45 mg	Sodium: 973	Total Carbohydrate: 46 g	Dietary Fiber: 4.13 g	Sugars: 7 g
Protein: 22 g	Vitamin A: 647 IU	Vitamin C: 2 mg	Calcium: 472 mg	Iron: 3 mg