Iowa School Wellness Forum

9:30 - 9:45 Welcome
Dr. Richard Deming
• Medical Director, Mercy Cancer Center

9:45 - 10:15 Break
• Physical Activity led by Lyn Jenkins (DMPS)

10:15 - 10:30 School Nutrition & Wellness Requirements
• Carrie Scheidel - Iowa Dept. of Education

10:30 - 11:00 Partner Resources & Sharing

11:00 - 11:45 Lunch & Networking

11:45 - 12:30 School Panel: Best Practices for Partnership with Schools
• Lyn Jenkins - Des Moines Public Schools
• Angie Mitchell - Knoxville Community Schools
• Jodi Klein - Boyer Valley Community Schools

12:30 - 1:15 NE Iowa Food & Fitness:
Lessons Learned & Plans for Sustainability
• Andrew Blair

1:15 - 1:45 Physical Activity Break - Walk & Talk

1:45 - 2:00 Legislative Update
• Stacy Frelund - American Heart Association

2:00 - 2:15 Collective Impact Model
• Lynn Heuss - Iowa State University Extension & Outreach

2:15 - 2:45 Dr. Jennifer Groos
• President of Iowa Academy of Pediatrics

2:45 - 3:00 Adjourn