

Add Breakfast to Your Playbook!

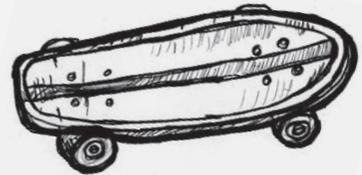
We know eating breakfast helps you and your school win!

- Improved test scores
- Fewer discipline problems
- Fewer nurse visits
- Decreased absenteeism and tardiness
- Provides key nutrients that are not likely made up during the day



Fuel Up to Play 60 provides resources for:

- Breakfast in the Classroom
- Grab-n-Go Breakfast
- And more!



Apply for up to \$4000 competitive funding for your school to kick off a breakfast and physical activity program!

Funding application, ideas and tools can be found at www.fueluptoplay60.com.
To be eligible for funding you need to:

- Enroll your school in Fuel Up to Play 60
- Complete the Fuel Up to Play 60 School Wellness Investigation
- Participate in the National School Lunch Program
- Have support from key school leaders
- Involve students in planning and participation
- Select and implement both a healthy eating and physical activity program from www.fueluptoplay60.com

Funding application deadlines:

- October 1, 2011
- December 1, 2011
- February 1, 2012
- June 1, 2012 (funds will count toward the 2012-13 program)



Enroll today to ensure your students start each day on the right foot!



A PROGRAM OF



THE NFL MOVEMENT FOR AN ACTIVE GENERATION

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