

## Academic Development

- Effective learning in school and across the life span
- Academic preparation for post-secondary options
- Relationships of academics, work, family, and community life

## Career Development

- Investigations of the world of work to make informed decisions
- Strategies to achieve future career goals
- Relationships of personal qualities, education, training, and work

## Personal/Social Development

- Interpersonal skills to respect self and others
- Decision making, setting goals, and taking action to achieve goals
- Understanding everyday safety and survival skills

## Contact Information

### Local

### State

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Iowa School Counselor Association (ISCA)  
[www.iowaschoolcounselors.org](http://www.iowaschoolcounselors.org)

Iowa Area Education Agencies  
[www.iowaaea.org](http://www.iowaaea.org)

### National

American School Counselor Association (ASCA)  
National Model for School Counseling  
[www.schoolcounselor.org](http://www.schoolcounselor.org)

American Counseling Association (ACA)  
[www.counseling.org](http://www.counseling.org)



## Iowa School Counseling Programs



Endorsed by:

Iowa Department of Education  
Iowa School Counselor Association

University of Northern Iowa  
University of Iowa • Drake University  
Buena Vista University  
Graduate Programs

# Who are Iowa Professional School Counselors?

Professionals with a...

- Master's degree in school counseling
- License from the Iowa Board of Educational Examiners

Professionals who...

- Demonstrate school counseling knowledge and skills
- Provide a critical link to student success



# What Do Professional School Counselors Do?

- Manage K-12 articulated comprehensive school counseling programs as defined by the American School Counselor Association (ASCA) model and the Iowa School Counseling Guide
- Teach, monitor, and plan interventions for increased achievement of all K-12 students
- Provide leadership to accomplish the district's mission and school improvement plans
- Report and interpret student results in achievement, attendance, and behavior

# How are School Counseling Programs Delivered?

## Curriculum

Lessons designed for achievement of knowledge, attitude, and skills in academic and career success and personal/social development

- K-12 classroom instruction
- Standards-based lessons
- Interdisciplinary curriculum
- Group activities
- Family workshops

## Individual Student Planning

Individual student planning helps personalize education for all students

- Career counseling and curriculum
- Career/occupation information
- Financial aid information
- Work-based learning opportunities
- Academic goals
- 21st century workplace skills
- Comprehensive transition planning and support
- Individual student core curriculum plan

## Responsive Services

A plan that meets the immediate needs of students

- Individual and small group counseling
- Crisis counseling/response
- Consultation
- Referrals for students and families
- Peer facilitation

## System Support

Activities that establish, maintain, and enhance the Comprehensive School Counseling Program.

- Professional development
- Consultation, collaboration, and teaming
- School improvement involvement
- Data gathering and interpretation
- Family involvement
- Community outreach



Individual and Small Group Counseling Address Academic, Career, and Personal/Social Issues.