Berry Lemon Sorbet

Ingredients	For 24 Servings		Directions
	Weight	Measure	
Frozen strawberries		4 cups	1. Let fruit thaw half way. It will blend better in the blender.
Frozen blueberries		2 cups	2. Put the strawberries, blueberries lemon juice, and apple juice in the blender.
Lemon juice		1 cup	3. Blend until smooth.
Apple juice		4 cups	4. Pour into a freezer proof container and freeze for 2 hours.
Mint leaf (optional) for garnish		24 leafs	5. Use a #30 scoop and scoop out 2 scoops into each bowl. Garnish with mint leaf
			CCP: Serve frozen

Serving Size: 2 #30 scoops; 2.2 oz. 3/8 Cup Juice

Nutrition Analysis: **Serving Size**: 2.2 oz.

Calories: 68 kcal	Calories from Fat: 2.92%	Total Fat: 0.22 g	Saturated Fat: 0.02 g	Trans Fat: 0.0
Cholesterol: 0.0	Sodium: 5.29 mg	Total Carbohydrate: 17.93 g	Dietary Fiber: 1.29 g	Sugars: 4.22 g
Protein: 0.36 g	Vitamin A: 18.27 IU	Vitamin C: 36.37 mg	Calcium: 10.09 mg	Iron: 0.34 mg