Bean & Cheese Nachos

Ingredients	For 16 Servings		Directions
	Weight	Measure	
Beans, low-sodium, canned		6 cups	1. Mix refried beans and taco seasoning. Use #10 scoop (3/8 cup) to portion in clear container. 2. Layer 1/8 cup of yogurt on top of beans. 3. Layer 1.5 oz. cheese and ¼ cup salsa. 4. Top with 4 cherry tomatoes. 5. Serve with 1 package of tortilla chips. CCP: Cool to 40° F or below
Taco seasoning		1.25 tsp	
Yogurt, low fat		2 cups	
Salsa, low sodium		4 cups	
Cheddar Cheese, shredded		24 oz.	
Tomatoes, cherry, raw		64	
Barrel O Fun Tortilla Chip		16 pkg.	
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Yield: 16 portions

Nutrition Analysis: **Serving Size**: 1 portion

Calories: 519	Calories from Fat: 46%	Total Fat: 27 g	Saturated Fat: 10 g	Trans Fat: 0 g
Cholesterol: 54 mg	Sodium: 645 mg	Total Carbohydrate: 55 g	Dietary Fiber: 8 g	Sugars: 0 g
Protein: 22 g	Vitamin A: 1448 IU	Vitamin C: 18 mg	Calcium: 469 mg	Iron: 4 mg