Banana Parfait

Ingredients	For 16 Servings		Directions
	Weight	Measure	
Yogurt, non-fat		16 Cups	1. Chill all ingredients. 2. Scoop 1 cup of yogurt into clear container and top with 1 cup of bananas. 3. Serve with 1 package of granola. CCP: Cool to 40° F or below
Bananas, raw, sliced		16 Cups	
Granola		16 pkg.	

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Serving Size: Yield: 16 servings

Nutrition Analysis: **Serving Size**: 1 serving

Calories: 430	Calories from Fat: 8%	Total Fat: 4 g	Saturated Fat: 0.17 g	Trans Fat: 0 g
Cholesterol: 5.0 mg	Sodium: 181.50 mg	Total Carbohydrate: 93 g	Dietary Fiber: 5.9 g	Sugars: 54 g
Protein: 10.5 g	Vitamin A: 276 IU	Vitamin C: 14 mg	Calcium: 627 mg	Iron: 1 mg