

Mission:

48. I Say, You Say

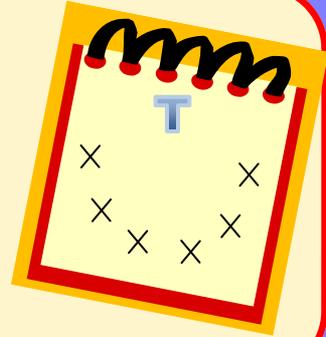
ORGANIZATION:

Music: N/A

Materials: Nylon scarves

Books: *Opposites* by Sandra Boynton;
The Foot Book by Dr. Seuss; *Quick As a Cricket* by Audrey Wood

Set up: Children face teacher either in two lines of in a semi-circle (if so desired, add scarves or ribbon sticks).



This action break chant is similar to a cheer. The teacher begins by saying: "I say (up), you say (down), up, down, up, down." The chant continues through various opposites. For example: "I say (in), you say (out), in, out, in, out; I say (over), you say (under), over, under, over, under; I say (high), you say (low), high, low, high, low; I say ((right), you say (left), right, left, right, left" and so on. Children are asked to act out the opposites as you go through the chant.



VARIATIONS:

Children could be asked to come up with their own ideas of opposites, or ribbon sticks could be used versus the scarves when acting out the chant.

EXTRA TIPS:

Make sure children have enough room to move on their spot at large group.