During this activity, children will move to music around the carpet by flapping their wings and flying around like bees. When the music stops, children are asked to find a partner and match body part to body part (in some cases, while balancing). For example, match hand to hand, knee to knee, or elbow to elbow, etc.

V A R I A T I O N S:

You could use “body part cards” to show children when they freeze and match body parts. Also, encourage children when matching body parts like “knee to knee” or “foot to foot” to work on one foot balance, as well as match different body parts, such as “elbow to knee.”