Mission: 30. Mixed Crossover

Organization:
Materials: Tape or chalk (for outside), bean bags (for variation activity).
Books: Harold and the Purple Crayon by Crockett Johnson; Ten Apples Up on Top by Dr. Seuss; Caps for Sale by Esphyr Slobodkina
Set up: Multiple lines of different pathways from one side of the room to the other. Children are free to start from any line.

Using tape, make lines (straight, curvy, zig zag) on the floor that cross each other from one side of the room to the other. Ask children to stand on one line and walk across it without moving off and while avoiding others (e.g., what do you do if you cross with someone?). Engage them by asking what shape or pathway they are walking on, where they are going, and what obstacles they might be having.

Variations:
Ask them to put a bean bag on top of their head for extra challenge on balancing. Have one pile of bean bags on one side of the room and an empty bucket on the other. How many bean bags can we put in the bucket without dropping them on the way? Can you walk backwards?

Extra Tips:
If the space is limited, ask children to take turns and have two children cross the line at a time. Start the activity by having one child crossing a line at a time. Remind them to keep their head up when walking for better balance.
**Mixed Crossover**

**CHOOSE:**
Children choose the line they want to walk on. Let them choose if they want to try balancing with a bean bag or not. Encourage them to try balancing the bean bags on different body parts.

**ASSESS:**

Development and Learning Objectives:
- TSG 3a - Cooperates
- Early Learning Standard 10.4 - Relationships with Children, Benchmark 4
  *Physical:*
- TSG 5b - Dynamic Balance
- Early Learning Standard 8.2 - Large Motor Development, Benchmark 1

**RELATE:**
When the lines are crossed, children will need to communicate so they won’t fall off the “bridge” and take turns in moving forward on their line. Encourage them to smile or say “hi” to a friend when crossing lines.

**ENERGIZE THE BRAIN (EF):**
Ask them to recall and show you the pathway they walked on as well as to draw it with their finger in the air. How many pathways did they walk? If the children transfer bean bags from one side to the other, to reinforce self-control, add the rule: “If you drop the bean bag, you start from the beginning of the path.”