Using a fairly large ball (like a beach ball), tape different colors, letters, objects, or numerals to the ball. While children stand in a circle around you, roll/toss the ball to individual children and ask them to name the color their palm lands on, a word that begins with the letter the child’s palm landed on, or what numeral comes before or after the number the child’s palm landed on when they caught the ball.

The colors for various food groups could be taped to the ball. Whichever color the child’s palm lands on means the child needs to name the correct food that goes into that food group color.

This activity could easily be used as a transition activity. It can also be used as a “hot potato” game after some practice time.
Crazy Ball

CHOOSE:
Ask the children to choose if they want to toss or roll the ball and to whom. Emphasize the importance of passing to everyone and wait for their turn.

ASSESS:

Development and Learning Objectives:
- TSG 20c - Names Numerals
- Early Learning Standard 12.1 - Comparison and Number, Benchmark 5
- TSG 16a - Letter Naming
- Early Learning Standard 11.2 - Early Literacy, Benchmark 4

Physical:
- TSG 6a, b - Throws, Catches
- Early Learning Standard 8.2 - Large Motor Development, Benchmark 2

RELATE:
You might toss the ball to the first child and then let him/her choose who catches the ball next. Ask children to give a warning and make eye contact before throwing the ball to you or a peer.

ENERGIZE THE BRAIN (EF):
Children must remember the names of the colors, what number is before or after, or what foods go in various color food groups. Tossing the ball in an unpredictable order focuses on cognitive flexibility. Waiting for your turn practices self-control.