The Iowa Action for Healthy Kids Team is holding a forum that will highlight the academic benefits of a healthy school environment, share programs that generate excitement about healthy schools, and provide an opportunity for professionals to network about child wellness.

Wednesday, November 13th Grimes State Office Building

9:30-9:45  Welcome and Introductions  
Carrie Scheidel - Iowa Department of Education

9:45-10:15  Action for Healthy Kids  
Hannah Laughlin – National Action for Healthy Kids Office

10:15-10:30  Networking Break and Stretch

10:30-11:00  The Wellness Impact Report  
Dr. Ruth Litchfield – Iowa State University

11:00-11:15  Small Group Discussion and Sharing

11:15-11:30  What’s New with School Meals and School Wellness Policies?  
Carrie Scheidel – Iowa Department of Education

11:30-12:00  Lunch!  
Provided by Action for Healthy Kids  
Catered by Des Moines Public Schools Nutrition Department

12:00-12:45  School Wellness Resource Panel  
Alliance for a Healthier Generation (AHG): Adam Fanning - AHG  
FuelUp to Play60: Melissa Young – Midwest Dairy Council  
HealthierUS School Challenge: Patti Delger – Iowa Department of Education  
Live Healthy Iowa Kids: Lisa Weber – Iowa Sports Foundation

12:45-1:00  Small Group Discussion and Sharing

1:00-1:30  Schools Sharing School Wellness Initiatives

1:30-1:45  Legislative Update

1:45-2:00  Next Steps

2:00  Leave for Tour of Des Moines Central Kitchen

Action for Healthy Kids is dedicated to improving the health and educational performance of children through better nutrition and physical activity in schools. Healthy schools produce healthy students — and healthy students are better able to learn and achieve their true potential.