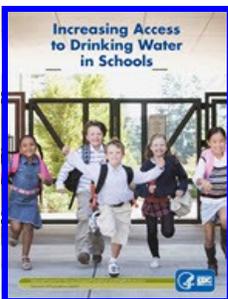


Water Access in Schools

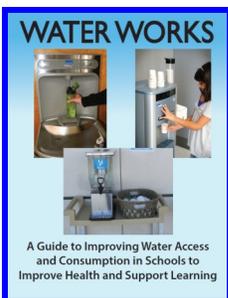
Providing students with access to safe, free drinking water throughout the school day is one strategy schools can use to create an environment that supports health and learning. CDC: Centers for Disease Control and Prevention



A tool designed to 1) help schools evaluate the availability and quality of free drinking water and 2) develop a plan for improvement. Includes an evaluation checklist. For web site and tool kit: [CLICK HERE](#)

Drink up the benefits of water:

- Maintain hydration
- Increase water consumption
- Improve cognitive function
- Improve digestive function
- Prevent dental cavities



A guide to improving water access and consumption in schools to improve health and support learning.

For the guide: [CLICK HERE](#)

[And the survey says...](#)

Ask students what they think of the free water sources at your school with a simple survey.



Check out these resources:

[Water in Schools](#) (check out the full “Resources” page)
[Where’s the Sugar?](#) Video
[Drinkin’ That Water](#) Video
[Soda Free Summer](#)
[Sugar Bites. Choose Water Instead](#)
[Choose My Plate Tip Sheet: Healthy Eating for an Active Lifestyle](#)
[Choose My Plate Tip Sheet: Make Better Beverage Choices](#)
[Choose My Plate Tip Sheet: Be Choosey in the Dining Hall](#)
[Choose My Plate Tip Sheet: Mini-Fridge Makeover](#)
[Choose My Plate Tip Sheet: Cut Back on Your Kid’s Sweet Treats](#)
[Choose My Plate: Learn About Beverages](#)
[Drinking Water in Schools and Child Care Facilities](#)
[Drinking Water Access in Schools](#)
[Iowa Plumbing Code](#)

Promote Water Access with Signage

Get Water Here!
Rethink Your Drink!
Water Filling Station!

Water is a Must!

Meet [requirements](#) related to the [school nutrition program](#) and [Smart Snacks](#) by providing access to free water at school.

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