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From: Holz, Robin [IDOE]
Sent: Thursday, July 10, 2014 12:51 PM
To: 'cnp_childcare@lists.ed.iowa.gov'
Subject: Mealtime Memo July 2014

Dear CACFP Child Care Participant:

Attached is the most recent edition of Mealtime Memo for Child Care from the National Food Service Management Institute (NFSMI).

The July 2014 issue of Mealtime Memo for Child Care, a monthly newsletter highlighting nutrition related topics and activities, is available online.

July 2014: Creating and Maintaining a Safe Mealtime Environment

An important key to creating a safe and healthy mealtime environment is through employee training. Appropriate training teaches methods for safely preparing and serving food and creating wholesome environments in child care settings. Child care providers can confidently create a safe mealtime environment as a result of receiving training.

In this issue:

- Creating and maintaining a safe mealtime environment
- Nutrition Tip: Whole wheat vs. whole-grain
- Vegetable of the Month: Summer Squash
- Nutrition Fact: Differences between margarine and butter, and benefits to each

Download past issues of Mealtime Memo for Child Care

Previous issues of Mealtime Memo for Child Care posted in Spanish are available on the NFSMI Web site

Note: *Mealtime Memo for Child Care* is available online only.

Mealtime Memo for Child Care is published by the National Food Service Management Institute, NFSMI.

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