



Center
2015-6

STATE OF IOWA

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DEPARTMENT OF EDUCATION
BRAD A. BUCK, DIRECTOR

Please route to:		
<input checked="" type="checkbox"/> Center Director	<input checked="" type="checkbox"/> Cook	<input checked="" type="checkbox"/> Business Manager
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DATE: March 3, 2014

TO: Child and Adult Care Food Program (CACFP)
Center-based Institutions

FROM: Robin Holz, CACFP Lead Consultant - Centers
Bureau of Nutrition and Health Services

SUBJECT: 2015 CACFP Short Course

The 2015 CACFP Short Course, *CACFP Hot Topics*, will be held May 5, 2015 at Stoney Creek Inn and Conference Center in Johnston. Receive an update on the new CACFP meal pattern; hear about other center's best practices; learn new ways to incorporate physical activity into your program; try and learn more about standardized recipes; learn more about the new online budget, cost claim details and management plan; find ways to stretch your CACFP budget while serving healthy foods; and hear about the latest Team Nutrition resources. Breakfast, lunch and afternoon snack will feature recipes from Recipes for Healthy Kids, the Iowa Gold Star Recipes, and USDA Recipes. A draft agenda is attached.

Attendance is not required, but can be used to fulfill annual CACFP training requirements. There is no cost to attend the Short Course. Register by April 28 by clicking the registration link on the agenda or on the Department of Education website at <http://www.educateiowa.gov/> (click on "Calendar," find the month the workshop is scheduled for, click on the name of the workshop and follow the directions.) Space is limited, so register soon. If you must cancel your registration, let us know as soon as possible.

A block of hotel rooms has been reserved until April 4, 2015 at the rate of \$99. Reserve your room for May 4 and mention "Iowa Department of Education- CACFP" to get the discounted rate.

Contact Janelle Loney at (515)281-5356 if you can't register online or have questions about the 2015 CACFP Short Course.

We hope to see you in May!

Attachment: 2015 CACFP Short Course Agenda



CACFP Short Course

Tuesday, May 5, 2015—8:30 am–5:00 pm

Stoney Creek Conference Center,
5297 Stoney Creek Ct, Johnston

[Click Here to Register](#)



Goals and Objectives:

- Receive an update on the new CACFP meal pattern
- Hear about other center's best practices
- Learn new ways to incorporate physical activity into your program
- Try and learn more about standardized recipes
- Learn more about mealtime best practices
- Learn more about the new online budget, cost claim details and management plan
- Find ways to stretch your CACFP budget while serving healthy foods

Plenary Sessions—Northwood Room **Presenter**

8:00—8:30	Registration and Breakfast	
8:30—8:45	Welcome & Orientation	Ann Feilmann
8:45—9:45	The Proposed New CACFP Meal Pattern	Robin Holz
9:45—10:45	Move for Thought	Spyridoula Vasou
10:45—11:00	Break	
11:00—11:45	Center Best Practices – A Panel Discussion	Panel
11:45—12:45	Lunch Featuring "USDA Childcare Recipes"	Spyridoula Vasou & Jacqueline Krogh
12:45—2:45	Move for Thought: Putting it into Practice	
2:45—3:00	Break	

"What's Cookin?
CACFP Hot Topics!"



Breakout Sessions

Northwood Room

3:00—3:45	Standardized Recipes
3:45—4:30	Spend Smart, Eat Smart
4:30—4:45	Team Nutrition Resources
4:45—5:00	Wrap up and Adjourn

Presenter

Donna Matlock
Christine Hradek
Patti Delger & Carries Scheidel

John Deere Room

Presenter

The New Budget and Cost Claim Details
Meaningful Mealtimes: How to Implement Mealtime Best Practices
Robin Holz
Jane Heikenen

