Holz, Robin [IDOE]

From: Holz, Robin [IDOE]
Sent: Thursday, March 12, 2015 9:50 AM
Subject: Pilot "Move for Thought" Activities
Attachments: Move for Thought Flyer.pdf

Importance: High

Dear CACFP Child Care Participant:

Move for Thought Pre-K & K Pilot
Iowa Team Nutrition and Iowa State University are looking for teachers working with children 3-5 years of age in preschool centers to pilot a new strategy that integrates physical activity, books and music in the preschool classroom, named "Move for Thought Pre-K & K". The "Move for Thought Pre-K & K" focuses on practicing self-control and self-regulation through fun and interactive activities.

During the 4-week pilot (March 30 to April 24), selected teachers will provide feedback through documentation on a log form for the activities they practiced. One or more activities should be tried per day. At the end of the pilot a phone interview will be conducted by Iowa State University. Teachers completing the pilot will receive an $80 honorarium.

Please email Patti Delger, patti.delger@iowa.gov with your name, address, phone number, and class size if you are interested in the pilot, by **Friday, March 20th**. Hard copies of the activities and a music CD will be mailed to you, and an instructional webinar will be provided prior to the pilot.

Sent in behalf of:
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