

## On-Line Nutrition Education Resources

Children's Literature About Health, Nutrition and Safety - <http://www.naeyc.org/files/yc/file/200403/ChildrensBooks.pdf>

Color Me Healthy: Making Smart Drink Choices -  
[http://www.healthybeveragesinchildcare.org/factsheets/CMH\\_SmartDrinkChoices.pdf](http://www.healthybeveragesinchildcare.org/factsheets/CMH_SmartDrinkChoices.pdf)

Color Me Healthy supplement –  
<http://www.dpi.state.nd.us/child/cacfp/brochure06.pdf>

Eat, Play, Grow/Creative Activities for a Healthy Start - [http://cmom.org/sites/default/files/EatPlayGrowTM\\_Curriculum.pdf](http://cmom.org/sites/default/files/EatPlayGrowTM_Curriculum.pdf)

Farm to Preschool nutrition and/or garden curricula resources - <http://www.farmpreschool.org/curricula.html>

Food For Thought curriculum - <http://www.healthypreschoolers.com/food-for-thought>

Fruit and Vegetable Resources: Iowa Department of Education - <https://www.educateiowa.gov/fruit-and-vegetable-resource>

Healthy Beverages in Child Care – California Childcare Health Program -  
<http://www.ucsfchildcarehealth.org/pdfs/posters/others/HealthyBevPoster.pdf>

Michigan Team Nutrition Preschool Booklist - [http://www.michigan.gov/documents/mde/PreschoolBooklist\\_290284\\_7.pdf](http://www.michigan.gov/documents/mde/PreschoolBooklist_290284_7.pdf)

More Than Mudpies curriculum – <http://nfsmi.org/documentlibraryfiles/PDF/20090120023846.pdf>

National Food Service Management Institute, Care Connection -  
<http://www.nfsmi.org/Templates/TemplateDivision.aspx?qs=cEIEPTYw>

Pick a Better Snack Fact Sheets -<http://www.idph.state.ia.us/inn/PickABetterSnack.aspx?pg=Fact%20Sheets>

Potter the Otter Loves to Drink Water, California Dept of Public Health -  
<http://www.cdph.ca.gov/programs/cpns/Pages/RethinkYourDrink-Resources.aspx>

Team Nutrition Resource Library - <http://www.fns.usda.gov/tn/resource-library>

2Care2Teach4Kids – themes including apples, pumpkins, fruits and veggies -  
<http://2care2teach4kids.com/preschool/themes/main.htm>

Using Songs to Teach Nutrition -  
[http://www.healthypreschoolers.com/Websites/healthypreschoolers/images/Song\\_List\\_Final.pdf](http://www.healthypreschoolers.com/Websites/healthypreschoolers/images/Song_List_Final.pdf)

Using Storybooks to Teach Nutrition -  
<http://www.healthypreschoolers.com/Websites/healthypreschoolers/Images/Storybook%20Final.pdf>

## On-Line Training Resources

ServSafe training at <http://www.servsafe.com/home>

National Food Service Management Institute on-line courses and training videos at <http://www.nfsmi.org/>

Iowa CACFP training on YouTube at <https://www.youtube.com/playlist?list=PL7C1406B6736E53D2>

Penn State Better Kid Care on-demand training system at <http://extension.psu.edu/youth/betterkidcare/knowledge-areas/k7>

Feeding Young Children in Group Settings training resources at <http://www.cals.uidaho.edu/feeding/index.html>  
and Building Mealtime Environments and Relationships inventory at <http://www.cals.uidaho.edu/feeding/pdfs/BMER.pdf>