

*It's not **just** school lunch. It's bigger than that.*



Join the Conversation about School Lunch

Find out what your child thinks of his or her lunch at school! Use these questions as starting points to figure out whether your child is getting the most out of school lunch—this feedback can be valuable both for food service staff and for you as a parent when planning meals at home.

- How do you choose what you eat in the cafeteria?
- What are some of your favorite things served at school lunch?
- What is your favorite fruit on the menu?
- What is your favorite vegetable served?
- Are there things you eat at school that you want me to try making at home?
- Do you usually eat everything on your tray?
- Are you full after eating your lunch at school?
- Is there anything you would like to eat at school that isn't available in the cafeteria?