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From: Holz, Robin [IDOE]
Sent: Monday, June 23, 2014 11:35 AM
To: 'cnp_childcare@lists.ed.iowa.gov'
Subject: Discover MyPlate Teacher Training Materials

Free Discover MyPlate training materials are now available on the Team Nutrition Web site at:
http://www.fns.usda.gov/tn/discover-myplate

The **Discover MyPlate Curriculum Training for Teachers** guide and accompanying slides are for State agencies, school districts, nutrition educators, and curriculum coordinators to use in providing a training session or professional workshop for kindergarten teachers. The training materials are designed to:

- Support the integration and teaching of Team Nutrition's **Discover MyPlate** curriculum http://www.fns.usda.gov/tn/discover-myplate in schools across the United States.
- Boost teacher confidence in teaching nutrition concepts and conducting food preparation activities.
- Show how to collaborate with school nutrition professionals and other parts of the school to support and reinforce classroom lessons.
- Review nutrition basics to familiarize teachers with subject matter content.

Share news about your Discover MyPlate activities by emailing teamnutrition@fns.usda.gov

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