Dear CACFP Childcare Participants,

I am forwarding the following information in behalf of Dennis Haney at the Iowa Department of Health. The training is not required, but may be used to fulfill CACFP annual training requirements.

Save the Date

The Iowa Department of Public Health (IDPH) and Hawkeye Area Community Action Program (HACAP) are partnering to offer a Nutrition and Physical Activity Self-Assessment for Child Care (NAP SACC) Train the Trainer session.

- NAP SACC Train the Trainer session
- Thursday, June 5
- Coralville

The planned agenda is attached and a registration form will be ready to distribute later this week. Any questions regarding registration may go to:

Amanda Pieper
319.739.0020
apieper@HACAP.ORG

Thank you,

Dennis Haney
Community Health Consultant | HPCDP | Iowa Department of Public Health | Lucas State Office Building | 321 E. 12th Street | Des Moines, Iowa 50319 | P: 515.281.7501 | F: 515.281.4913 | dennis.haney@idph.iowa.gov | www.idph.state.ia.us/iowansfitforlife/Default.aspx

"Promoting and Protecting the Health of Iowans"

Robin Holz, MS, RDN - CACFP Lead Consultant, Centers - Bureau of Nutrition and Health Services - 400 E 14th St, Des Moines 50319 - Phone: 515.281.3484 - Fax: 515.242.5988 - www.eduatiowa.gov

NOTICE TO RECIPIENT: THIS MESSAGE AND ANY RESPONSE TO IT MAY CONSTITUTE A PUBLIC RECORD, AND THEREFORE, MAY BE AVAILABLE UPON REQUEST IN ACCORDANCE WITH IOWA PUBLIC RECORDS LAW, IOWA CODE CHAPTER 22.
AGENDA

NAP SACC: Train the Trainer
Nutrition and Physical Activity Self Assessment for Child Care
June 5, 2014
9:00 a.m. – 3:30 p.m.
Coralville Public Library
Meeting Room A

9:00 a.m. – 9:30 a.m.  Registration / Sign-in
Continental Breakfast
Welcome / Introductions        Amanda Pieper

9:30 a.m. – 9:45 a.m.  Overview
Obesity
North Carolina Project
Linn County Project        Amanda Pieper

9:45 a.m. – 10:15 a.m.  Recruitment of Participants
How to Recruit
Tips/ Barners        Amanda Pieper / Candace Chihak

10:15 a.m. – 11:00 a.m.  Self Assessment / Goal Planning
How-to
Examples/Best Practices        Candace Chihak

11:00 a.m. – 12:15 p.m.  EPAO / Document Review
How-to (detailed)        Candace Chihak

12:15 p.m. – 1:15 p.m.  LUNCH!!

1:15 p.m. – 2:45 p.m.  NAP SACC Modules
1. Childhood Obesity
2. Healthy Eating
3. Physical Activity
4. Personal Wellness
5. Working with Families        Candace Chihak

2:45 p.m. – 3:15 p.m.  Color Me Healthy Curriculum (CMH)
Candace Chihak

3:15 p.m. – 3:30 p.m.  Train the Trainer Materials
Overview        Candace Chihak/Amanda Pieper

3:30 p.m. – 3:45 p.m.  Question and Answers        Candace / Amanda

3:45 p.m.  Wrap up / Evaluations / Adjourn