



# STATE OF IOWA

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DEPARTMENT OF EDUCATION  
BRAD A. BUCK, DIRECTOR

DATE: March 7, 2014

TO: Child and Adult Care Food Program (CACFP)  
Center-based Institutions

FROM: Robin Holz, CACFP Lead Consultant - Centers  
Bureau of Nutrition and Health Services

SUBJECT: 2014 CACFP Short Course

The 2014 CACFP Short Course, *Spring into CACFP Success*, will be held April 22-23, 2014 at Stoney Creek Inn and Conference Center in Johnston. Learn about new developments in the CACFP and practical ways to implement requirements. Lots of resources will be given away including the new Recipes for Healthy Kids cookbook, the Healthy Snack and Physical Activity Cards, puppets, and children's books on nutrition, plus door prizes! We will cover a wide range of topics and include interactive sessions. Breakfast, lunch and afternoon snack will be offered each day featuring recipes from Recipes for Healthy Kids, the Healthy Snack and Physical Activity Cards, and USDA Recipes.

Attendance at the training is not required, but can be used to fulfill annual CACFP training requirements. The draft agendas are attached and summarized below.

### **Day One -- April 22**

We will feature the new crediting handbook, provide an update on the new meal pattern, and give practical tools, tips and how to's. Topics would be applicable to both child and adult care centers.

### **Day Two -- April 23**

Come be inspired by Michele Hancock, winner of the CACFP Rock Star! award. She will share her ideas and experiences to create a healthier nutrition environment at your center. Learn about resources for CACFP staff training, purchasing, and basic CACFP financial management. The afternoon breakout sessions will include topics for larger centers and center sponsors; school aged programs; centers that care for infants; centers that care for preschoolers; and programs with little time and space. Other breakouts include special diets, farm to childcare and working with parents. Topics are mostly applicable to child care organizations.

There is no cost to attend the Short Course. Register by April 15 by clicking the registration link on the agendas or on the Department of Education website at <http://www.educateiowa.gov/> (click on "Calendar," find the month the workshop is scheduled for, click on the name of the workshop and follow the directions.) You may register for one or both days. If you attend both days, be sure to register for each day separately. Space is limited, so register soon. Please let us know if you must cancel your registration as soon as possible.

Contact Janelle Loney at (515)281-5356 if you can't register online or have questions about the 2014 CACFP Short Course.

There will be something for everyone so we hope to see you in April!

Attachment: 2014 CACFP Short Course Agendas

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