

Does Your District Wellness Policy Measure Up?

Ensure your school/district is a safe, happy, and healthy place for kids to learn and grow. Use this checklist to review and update your wellness policy and ensure it meets all requirements as written in *SEC. 204 of Public Law 111-296 Local School Wellness Policy Implementation*.

- District has current wellness policy
- District wellness policy has goals for nutrition promotion
- District wellness policy has goals for nutrition education
- District wellness policy has goals for physical activity
- District wellness policy has nutrition guidelines for all foods available on each school campus
- The nutrition guidelines promote student health
- District has designated at least one official charged with responsibility to ensure each school complies with wellness policy
- District permits involvement of the following people in the development, implementation, review, and modification of the wellness policy:
 - Parents
 - Students
 - School Food Service Staff
 - Teachers of Physical Education
 - School Health Professionals
 - School Board
 - School Administrators
 - General Public
- District informs and updates the public on the content and implementation of the wellness policy
- District has a system in place to periodically measure the implementation of the wellness policy
- District makes the wellness policy implementation assessment available to the public:
 - The extent to which schools under the jurisdiction of the local educational agency are in compliance with the local school wellness policy
 - The extent to which the local school wellness policy of the local educational agency compares to model local school wellness policies; and
 - A description of the progress made in attaining the goals of the local school wellness policy

As part of the new Administrative Review process, Iowa Department of Education's Bureau of Nutrition and Health Services will now review and assess school wellness policies.



You can find more information on School Wellness Policies here:
<https://www.educateiowa.gov/pk-12/nutrition-programs/school-wellness>
or contact schoolmeals@iowa.gov

