Mealtime Equipment for Kids

CACFP Short Course

Wednesday, April 23, 2014
Mealtime Equipment for Kids

Creating a Pleasant Environment

Mealtime Equipment for Kids

Toddlers

- Eating is a learning activity.
- We can expect some mess.
Mealtime Equipment for Kids

• Are serving sizes user friendly?
Mealtime Equipment for Kids

Use appropriate serving sizes and equipment.
Mealtime Equipment for Kids

Family Style Dining
Child-Size Is Right Size

**Family Style Dining Items**

- Plastic wide lip bowls and platters
- Short handled hard plastic serving spoons
- Cups
- Pitchers
- Plates
- Spoons
- Measuring cups
- Plastic tongs
- Cleanup supplies
Tips for Success

- Expect spills
- Place all food items, including milk, on the table as children are sitting
- Teach children how to place food on their plate
- Teach children how to pass the food to their friends
- Avoid full cleanup until the end of meal
Ideal Happy Mealtime

Children are happy, talking, and eating in a warm and welcoming environment.