

# Child and Adult Care Food Program Conference

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## Garden Programs at the Daycare Center

Linda Naeve  
Extension Program Specialist  
1111 NSRIC  
Iowa State University  
Ames, IA 50011  
[lnaeve@iastate.edu](mailto:lnaeve@iastate.edu)  
515-294-8946

### References and Resources

#### Iowa State University:



Connecting Learning and Living Programs. Iowa State University Extension and Outreach 4-H Youth Development.

<http://www.extension.iastate.edu/4h/CLL>

#### Contact Person:

Cayla Taylor  
ISUEO 4-H Youth Program Specialist  
(515) 294-1877  
[cayla@iastate.edu](mailto:cayla@iastate.edu)



*Growing in the Garden: Local Foods and Healthy Living*, pre-K-3 curriculum. 2014. Iowa State University Extension and Outreach 4-H Youth Development.

<https://store.extension.iastate.edu/Product/Growing-in-the-Garden-Local-Foods-and-Healthy-Living-Curriculum>

(\$75)

#### ISU Food Science and Human Nutrition

<http://www.fshn.hs.iastate.edu/extension-outreach/k-12-resources/k-8th/>

online food safety for school gardens training (for students)

<http://www.safeproduce.cals.iastate.edu/elementary/>

#### Other resources:

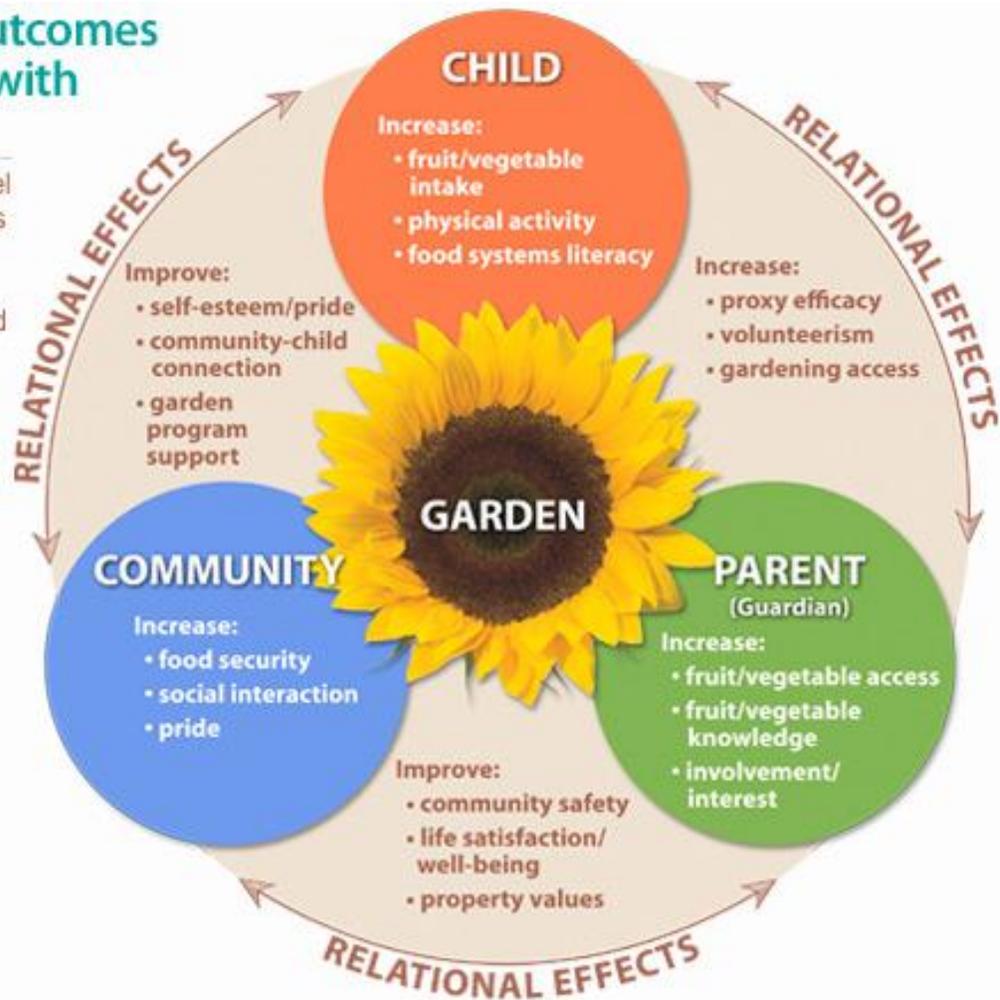
*Best Practices: Handling Fresh Produce in Schools*. National Food Service Management Institute. <http://www.nfsmi.org/documentlibraryfiles/pdf/20100414060724.pdf>

MyPlate Garden Poster. Oregon State University. <http://www.extension.iastate.edu/4h>

[www.Kidsgardening.org](http://www.Kidsgardening.org)

## Model of Outcomes Associated with a Garden

This benefits model depicts a few ways gardening impacts children, parents, the community and their relationships.



Source: National Gardening Association.

<http://www.kidsgardening.org/grants/about-school-gardening>