

Child Nutrition (CN) Label

Bureau of Nutrition and Health Services

Iowa Department of Education

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April 22, 2014



Child Nutrition (CN) Labeling Program

A voluntary technical assistance program administered by the Food and Nutrition Service (FNS) in collaboration with the Food Safety and Inspection Service (FSIS) and Agricultural Marketing Service (AMS), and the National Marine Fisheries Service (NMFS) for programs funded by USDA which include: the Child and Adult Care Food Program (CACFP), the National School Lunch Program (NSLP), the School Breakfast Program (SBP), the Special Milk Program (SMP), and the Summer Food Service Program (SFSP).

Child Nutrition (CN) Label

Provides a warranty for CN-labeled products for auditing purposes if the product is used according to manufacturer's directions as printed on the approved CN label

Child Nutrition (CN) Label

The manufacturer's recipe or product formulation is reviewed to determine the contribution of a serving of the commercially prepared product makes toward the meal pattern requirements and the review of the CN label statement to make sure it is accurate.

Products eligible for CN labels

Main dish products

Products must contribute at least $\frac{1}{2}$ ounce to the meat/meat alternate component of the meal pattern requirements

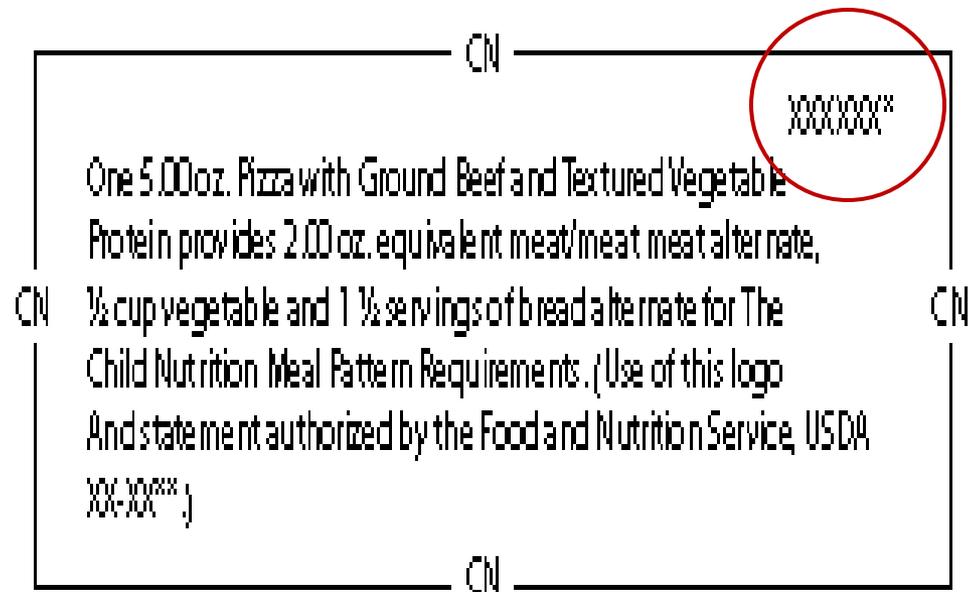
Products eligible for CN labels

- Examples include, but are not limited to:

- ❖ Beef patties
- ❖ Beef crumbles
- ❖ Meat sauce
- ❖ Cheese or meat pizzas
- ❖ Cheese and bean burritos
- ❖ Egg rolls
- ❖ Breaded fish
- ❖ Chicken portions

Identify a CN label

Sample CN Logo:



* CN identification number

** Month and Year of original approval

Identify a CN label

KEEP FROZEN



19669

FULLY COOKED TURKEY SAUSAGE LINKS

BHT AND CITRIC ACID ADDED TO HELP PROTECT FLAVOR • CARAMEL COLOR ADDED

Ingredients: Boneless Turkey, Water, Contains 2% or less of the following: Salt, Dextrose, Spices, Sodium Phosphates, Sugar, BHT, Citric Acid, Caramel Color.

Two 0.67 oz Fully Cooked Turkey Sausage Links provide 1.0 oz. equivalent meat for the Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 05-07)



NET WT 10.0 LB (4.53 kg)



10077900196697

Sara Lee Foodservice, A Division of Sara Lee Corporation
Downers Grove, IL 60515 USA

Nutrition Facts
Serving Size 3 Cooked Links (57g)
Servings Per Container about 80

Amount Per Serving	
Calories 90	Calories from Fat 50
% Daily Value*	
Total Fat 6g	9%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 290mg	12%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 1g	
Protein 10g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet.

95482A

Product name

Ingredient statement

Inspection legend

Net weight

Manufacturer's name

Valid CN label product

- The product must have the CN logo on it.
- CN logo is part of the printed label on the purchased product.
- Validates the product is produced under inspection following all CN requirements

Alternate Protein Products (APP)

- Formerly known as Vegetable Protein Products
- Food ingredients that may be used to substitute in part or in full for meat, poultry, or seafood.
- Must meet the requirements for Alternate Foods for Meals
- APPs are processed from soy or other vegetable protein sources
- May be in a dehydrated granule, particle, or flake form

Identify Alternate Protein Products (APP)

INGREDIENT STATEMENT

Ingredients: Ground beef (no more than 20% fat), water, textured vegetable protein product (soy protein concentrate, caramel color, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, Vitamin A palmitate, calcium pantothenate, thiamine mononitrate (B1), pyridoxine hydrochloride (B6), riboflavin (B2), cyanocobalamin (B12), salt, flavorings, sodium phosphate. Contains soy

How to read CN label



5622 NET WT 12 LBS.
8905-01-E59-2308

PROCESSED BY
BRAKEBUSH BROS., INC
WESTFIELD, WI 53984
KEEP FROZEN



**5
6
2
2**



CN Fully Cooked Breaded Nugget Shaped Chicken Breast Patties WITH RIB MEAT

INGREDIENTS: CHICKEN BREAST WITH RIB MEAT, WATER, ISOLATED SOY PROTEIN, SALT, SODIUM PHOSPHATES, SEASONING (SALT, GARLIC POWDER, SPICE, SOYBEAN OIL), BREADED WITH ENRICHED BLEACHED WHEAT FLOUR (WAXIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YELLOW CORN FLOUR, FOOD STARCH—MODIFIED, SPICES, DRIED ONION, IODIZED SALT, DEXTROSE, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), WHEY, PAPRIKA EXTRACT (COLOR), SOY FLOUR, SODIUM ALGINATE, NONFAT MILK, NATURAL FLAVOR, EGG.

CN 067369
CN FIVE (5) OZ. FULLY COOKED BREADED NUGGET SHAPED CHICKEN BREAST PATTIES WITH RIB MEAT PROVIDE 2.00 OZ. EQUIVALENT MEAT/MEAT ALTERNATE AND 1 SERVING OF BREAD ALTERNATE FOR THE CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 06-06.) CN

CN
PREPARATION: COOK TO A MINIMUM OF 165° F. BAKE IN SINGLE LAYER IN PREHEATED CONVECTION OVEN AT 350° F. FOR 8-12 MIN. DEEP FRY FROZEN NUGGETS AT 350° F FOR 2-4 MIN. PRESSURE FRY AT 325° F. FOR 2-3 MIN. BAKE IN SINGLE LAYER IN PREHEATED CONVENTIONAL OVEN AT 400° F FOR 12-15 MIN. MICROWAVE ON HIGH ABOUT 1-2 MIN. PER SERVING, TURNING ONCE. ADJUST TIMES TO QUANTITY BEING COOKED AND EQUIPMENT USED. DO NOT OVERCOOK.

FC006

Contains: Egg, Milk, Soy, Wheat.

How to read CN label

- 1) What is the weight in ounces of five pieces of chicken nuggets?
- 2) How many pieces will provide 1 ounce equivalent meat/meat alternate?
- 3) How many pieces will provide 1 ½ ounce equivalent?
- 4) How many bread servings are in four chicken nuggets?

How to record CN item on Food Production Record



Lunch or Supper

Name of each food As Purchased (AP): Chicken breast nuggets, CN

Purchase Unit: 1 case (12 lbs)

Servings per purchase unit: 73

FBG serving size/ planned serving size: 4 pieces (2.6 ounces)

Estimated number to be served: 175

Amount to prepare: 2.39 cases