Child Nutrition (CN) Label

Bureau of Nutrition and Health Services
Iowa Department of Education
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Child Nutrition (CN) Labeling Program

A voluntary technical assistance program administered by the Food and Nutrition Service (FNS) in collaboration with the Food Safety and Inspection Service (FSIS) and Agricultural Marketing Service (AMS), and the National Marine Fisheries Service (NMFS) for programs funded by USDA which include: the Child and Adult Care Food Program (CACFP), the National School Lunch Program (NSLP), the School Breakfast Program (SBP), the Special Milk Program (SMP), and the Summer Food Service Program (SFSP).
Child Nutrition (CN) Label

Provides a warranty for CN-labeled products for auditing purposes if the product is used according to manufacturer’s directions as printed on the approved CN label
Child Nutrition (CN) Label

The manufacturer’s recipe or product formulation is reviewed to determine the contribution of a serving of the commercially prepared product makes toward the meal pattern requirements and the review of the CN label statement to make sure it is accurate.
Products eligible for CN labels

Main dish products

Products must contribute at least $\frac{1}{2}$ ounce to the meat/meat alternate component of the meal pattern requirements
Products eligible for CN labels

- Examples include, but are not limited to:
  - Beef patties
  - Beef crumbles
  - Meat sauce
  - Cheese or meat pizzas
  - Cheese and bean burritos
  - Egg rolls
  - Breaded fish
  - Chicken portions
Identify a CN label

Sample CN Logo:

One 5.00 oz. Pizza with Ground Beef and Textured Vegetable Protein provides 2.00 oz. equivalent meat/meat alternate, ½ cup vegetable and 1 ½ servings of bread alternate for The Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA.)

* CN identification number
*** Month and Year of original approval
Identify a CN label

- **Product name**: Jimmy Dean
- **Ingredient statement**: Fully Cooked Turkey Sausage Links
- **Inspection legend**: Inspected by the U.S. Department of Agriculture
- **Net weight**: 10.0 LB (4.53 kg)
- **Manufacturer’s name**: Sara Lee Foodservice, A Division of Sara Lee Corporation

**Nutrition Facts**

- Serving Size: 3 Cooked Links (57g)
- Servings: Per Container about 80
- Calories: 90, Calories from Fat: 50
- Total Fat: 6g, % Daily Value: 9%
- Saturated Fat: 1.5g, % Daily Value: 8%
- Trans Fat: 0g
- Cholesterol: 30mg, % Daily Value: 10%
- Sodium: 290mg, % Daily Value: 12%
- Total Carbohydrate: 1g, % Daily Value: 0%
- Dietary Fiber: 0g
- Sugars: 1g
- Protein: 10g

*Percentage Daily Values are based on a 2,000 calorie diet.*
Valid CN label product

- The product must have the CN logo on it.
- CN logo is part of the printed label on the purchased product.
- Validates the product is produced under inspection following all CN requirements
Alternate Protein Products (APP)

- Formerly known as Vegetable Protein Products
- Food ingredients that may be used to substitute in part or in full for meat, poultry, or seafood.
- Must meet the requirements for Alternate Foods for Meals
- APPs are processed from soy or other vegetable protein sources
- May be in a dehydrated granule, particle, or flake form
INGREDIENT STATEMENT

Ingredients: Ground beef (no more than 20% fat), water, textured vegetable protein product (soy protein concentrate, caramel color, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, Vitamin A palmitate, calcium pantothenate, thiamine mononitrate (B1), pyridoxine hydrochloride (B6), riboflavin (B2), cyanocobalamin (B12), salt, flavorings, sodium phosphate. Contains soy
How to read CN label
How to read CN label

1) What is the weight in ounces of five pieces of chicken nuggets?

2) How many pieces will provide 1 ounce equivalent meat/meat alternate?

3) How many pieces will provide 1 ½ ounce equivalent?

4) How many bread servings are in four chicken nuggets?
How to record CN item on Food Production Record

Lunch or Supper

Name of each food As Purchased (AP): Chicken breast nuggets, CN

Purchase Unit: 1 case (12 lbs)

Servings per purchase unit: 73

FBG serving size/ planned serving size: 4 pieces (2.6 ounces)

Estimated number to be served: 175

Amount to prepare: 2.39 cases