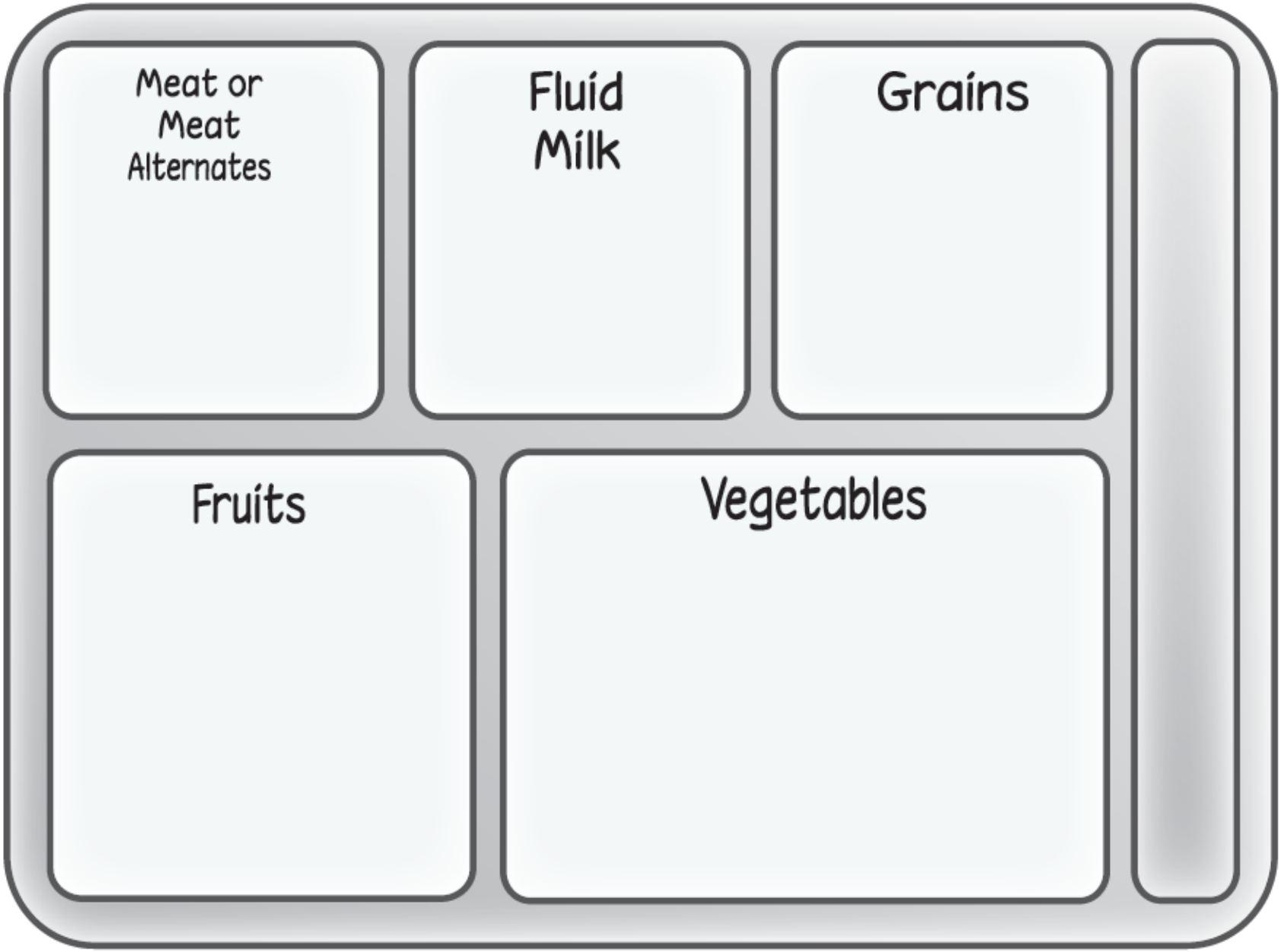Build a Healthy Lunch