

# The Lunch Line

Bureau of Nutrition, Health and Transportation Services

The Iowa Department of Education

Please route to:

<input type="checkbox"/> Food Service Director	<input type="checkbox"/> Record Keeper	<input type="checkbox"/> Superintendent
<input type="checkbox"/> Kitchen Staff	<input type="checkbox"/> Principal	<input type="checkbox"/> _____

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## Child Nutrition Reauthorization

Heard about the Healthy Hunger-Free Kids Act of 2010? How about Child Nutrition Reauthorization (CNR) by Congress? Are they different? Actually they are the same. The Healthy Hunger-Free Kids Act of 2010 is what the act to reauthorize child nutrition programs was named this time. Reauthorization comes up federally every 5 years. It is never as simple as a yes vote to reauthorize, but viewed as an opportunity to improve aspects of the program or identify pilot projects that may demonstrate benefits for the future. In this act there are over 70 sections that address specific items of child nutrition programs organized under three goals (called "Titles") and one Title for miscellaneous.

Before you panic you need to know that CNR includes National School Lunch Program (NSLP), Child and Adult Care Food Program (CACFP), Summer Food Service Program (SFSP) and Special Supplemental Nutrition Program for Women, Infants, and Children and you probably are not involved in each and every one of those. In this article we will highlight of some sections related to programs most seen in school districts. To see the entire document, search on the Internet for Public Law 111-296.

Since CNR was signed late in 2010, you will notice I labeled numerous sections in this article "NGY" this means "No Guidance Yet" or that we have not received any instructions from USDA on how this section is to be enacted. I realize that it can be frustrating for you, but this is an important part of the process. We share regulation updates via email to the person listed as the School Food Authority and the Food Service Director on the annual program application each district submits. So keep an eye on your email or ask the SFA to be sure to forward these. Now - down to the nitty gritty!

### Title I – A Path to End Childhood Hunger

102 – Moves foster children formally placed by a state child welfare agency or a court from income application to categorically eligible.

105 – NGY- A competitive grant program to encourage expansion of Breakfast Programs.

112 – Prior to the end of each school year, SFAs are to distribute to families information about summer feeding program availability and locations—even if the SFA is not the SFSP sponsor for that area.

143 – NGY- Instructs the Secretary of Agriculture to review local policies on meal charges and provision of alternate meals.

(Continued on Page 2)

### Inside this issue:

Child Nutrition Reauthorization.....	1-2
Procurement (Purchasing) Reminders .....	2
Summer 2011 Food Service Workshops .....	3
Fresh Fruit and Vegetable Success Story.....	3
Farm to School Webinar ....	3
HealthierUS School Challenge Trainings.....	4
Iowa Gold Star Cycle Menus .....	4
Fuel Up to Play 60.....	4
Video Contest Winners.....	4
USDA Foods Healthy Choices. American Grown.....	5
Ask IT! Webinar? What's a Webinar? .....	6
Mark Your Calendars.....	6

## Summer Short Courses

## **Title II – Reducing Childhood Obesity and Improving the Diets of Children**

201 – NGY – Performance Based Reimbursement rate increases for new meal patterns. This is a large section and is active, but guidance will come after this process is complete. This is the section which instructs the Secretary of Agriculture to develop regulations to update the meal patterns and nutrition standards of the school lunch program. The proposed rule concerning the new meal patterns for menu planning and nutrition standards was released for a three month comment period starting January 13, 2011. These patterns are based on foods, increase the amounts of fruits and vegetables offered each day, sets weekly minimum amounts for some groups of vegetables, sets a weekly maximum for starchy vegetables, increases breakfast components, limits flavored milk to skim and white milk to 1% or less fat, requires half the grains offered be whole grain-rich, sets decreasing sodium limits and calorie ranges (minimum and maximum levels) to name some of the changes. Once the meal patterns/nutrition standards are finalized and a district is certified by the state to be in compliance all reimbursable lunches will receive an additional 6¢ per lunch. This is different than the increases attached to cost of living increases. It is the first across the board increase to the base calculation for reimbursement in a long time.

203 – NGY – Water will be made available to children free of charge, in the place where meals are served during meal service.

204 –NGY- Wellness policy updates.

205 – NGY – Moves schools toward pricing that closes the gap between the reimbursement for free meals and the total of the price paid by the student plus reimbursement for paid meals. Prices do not have to increase if funding from non-Federal sources are added to the nonprofit school food service account. It also identifies that the non-Federal sources do not include revenue from the sale of foods sold in competition with meals sold under the school lunch program.

206 – NGY- If foods are purchased using funds from the nonprofit school food service and then sold in competition with a reimbursable meal (like a la carte) the revenue must be equal to or greater than the costs of the foods and all revenue from the sale of these foods must accrue to the nonprofit school food service account.

207 – NGY- School reviews are changed to a 3-year cycle and the final results are to be posted for the public.

208 – NGY – Instructs the Secretary of Agriculture to establish nutrition standards for all foods sold in school outside of the school meal programs.

243 – NGY – Establishes grants to assist in implementation of farm to school programs that improve access to local foods in schools.

## **Title III – Improving the Management and Integrity of Child Nutrition Programs**

301 – NGY – Allows use of the last four digits of the Social Security Number instead of the entire number.

303 – NGY – Instructs the Secretary of Agriculture to establish criteria by which fines may be imposed against the school food authority or state agency for violating program requirements.

306 – NGY – Instructs the Secretary to establish a program of required training and certification for school food service personnel.

307 – NGY – Secretary of Agriculture is to study and issue guidance covering program rules pertaining to indirect costs, including what indirect costs can be charged to the nonprofit school food service account.

## **Title IV – Miscellaneous**

This title deals mainly with extending dates and therefore extending programs and parts of the Richard B. Russell National School Lunch Act.

## **Procurement (Purchasing) Reminders**

1. If you are using IEC for purchasing your food products, please remember that you can ONLY purchase items from the 2007 Market Basket. If you buy ANYTHING else that is not on that list you must have obtained pricing from other vendors. You can find the 250 2007 Market Basket Items on the procurement section of the Bureau web site.
2. The address for the new procurement section of the website is <http://tinyurl.com/lowa-procurement> Check out this site for the latest procurement information.
3. There will be two more procurement workshops this spring in the central corridor of Iowa. If you have not attended one of these workshops, watch your email for more information.
4. Your consultant is your accurate source for reliable information about Federal Procurement rules.
5. If you are not sure what you should be doing, please contact your consultant for directions on the procedures you should be following.



## HAVE YOU SEEN?

There is a new school procurement web page under "Nutrition Programs" on the Iowa Department of Education web site

**CHECK IT OUT!**

## Summer 2011 Food Service Workshops

It may seem that planning for activities in June and July 2011 can't possibly be happening, but it is! We are inviting you to participate in one or more of our summer lineup, and the registration site is now live.

We are offering 7 workshops at Iowa State University in Ames, Iowa this summer beginning with **ServSafe© June 20**, followed the next day with another food safety course, **HACCP 101, June 21**. Wednesday **June 22 is the annual Manager's Update**, and closing out the week will be the **Healthy Meals Workshop, June 23-24**. Information is still being developed on the new meal patterns as proposed in the Child Nutrition Reauthorization regulations; we may have information to pass along to you during Manager's Update and the Healthy Meals Workshop about reauthorization and implementing the new rules and regulations.

Three workshops are planned for July—the **Food Buying Guide Workshop is July 6**, the **Financial Management Workshop is July 7-8** and the summer's workshops will be finished up with the **New Manager Orientation on July 26-27**.

Detailed information about each workshop is available at <http://tinyurl.com/4n79cab>. The registration website is <http://www.ucs.iastate.edu/mnet/schoolfoods/register.html> and the phone number at ISU for assistance in registering is 515-294-6222.

## Fresh Fruit and Vegetable Success Story

I am an Early Childhood Special Education Teacher at Highland Elementary School in Waterloo. Today we were discussing how much change we have seen in our students' response to the foods that are offered to them each day as part of this grant. At the beginning of the year we heard a lot of "yucks" and "I hate that" from the students. We adopted a "no thank you bite" policy and have seen some dramatic results. Many of the children are now asking for seconds on items that they did not want to eat or even touch at the beginning of the year. Today one of our "picky eaters" was at school with her mother for a parent-child activity and started talking about how much she loves the pea pods we had for snack this week. Her mom was a little surprised that her "vegetable-hating" daughter was raving about something green.

Sherri Peterson - Highland Elementary School, Waterloo, Iowa



## Farm-to-School Webinar

On March 10<sup>th</sup>, the Iowa Department of Education's Team Nutrition Program, Iowa Department of Agriculture and Land Stewardship and Iowa State University Extension are working together to offer an exciting one day workshop for individuals involved in Farm-to-School activities.

As a follow-up to the workshop, a Farm-to-School 101 Webinar will be held this spring to provide general information to all school districts across the state. Stay tuned for more information on the date and time of the webinar. For more information contact Patti Delger at [patti.delger@iowa.gov](mailto:patti.delger@iowa.gov).



## HealthierUS School Challenge Trainings

The first HealthierUS School Challenge training, presented by NFSMI in Iowa took place on February 24<sup>th</sup> in Des Moines. There are approximately 30 schools nearing readiness to apply received hands on training on menu criteria and an overview of the application process.

Two additional trainings will be provided in Iowa, dates and locations to be announced. If you are interested in attending a future training, please email Patti Delger, Team Nutrition Project Director at [patti.delger@iowa.gov](mailto:patti.delger@iowa.gov).

Go to <http://teamnnutrition.usda.gov/healthierUS/iowa.html> for more information and to view current Iowa schools who have won HUSSC awards! Four additional applications have been recently submitted for review.



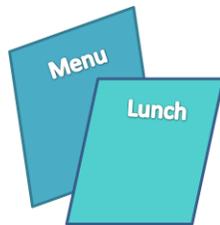
## Iowa Gold Star Cycle Menus

The newly developed Iowa Gold Star Cycle Menus will be released and available for all schools on February 24<sup>th</sup>. Go to [www.iowa.gov/educate](http://www.iowa.gov/educate)

and click on Nutrition Programs, then click on Team Nutrition to locate the menus and recipes. The menus offer increased whole grains, fruits and vegetables and legumes, as well as healthy USDA Foods.

The menus follow the new IOM recommendations for nutrition standards, which may help schools prepare for new meal regulations.

Seven schools pilot tested the menus and recipes last fall and state they are using up to 75% of the items in their menus in the future. Students, teachers, and administrators were excited about trying the newly featured Iowa Gold Star menu!



## Mark Your Calendar

**March 26, 2011—SNAI District 4 and 5 Meetings**  
South Hamilton and Atlantic

**April 16, 2011—SNAI District 1 and 3 Meetings**  
Davenport and Oskaloosa

**June 20, 2011—ServSafe Short Course**  
Iowa State University, Ames, IA

**June 21, 2011—HACCP 101 Short Course**  
Iowa State University, Ames, IA

**June 22, 2011—Manager’s Update Short Course**  
Iowa State University, Ames, IA

**June 23-24, 2011—Healthy Meals Workshop**  
Iowa State University, Ames, IA

**July 6, 2011—Food Buying Guide Workshop**  
Iowa State University, Ames, IA

**July 7-8, 2011—Financial Management Workshop**  
Iowa State University, Ames, IA

**July 26-27, 2011—New Manager Orientation**  
Iowa State University, Ames, IA

## Fuel Up to Play 60

Launched by National Dairy Council (NDC) and the National Football League in cooperation with the U.S. Department of Agriculture (USDA), Fuel Up to Play 60 empowers youth to take action to improve nutrition and physical activity at their school and for their own health. The ultimate goal is to ensure changes made at school are sustainable, making it possible for children to have more opportunities to be physically active and choose tasty, nutrient-rich foods throughout the school environment.

The Fuel Up to Play 60 school wellness kit has resources that help complement the academics focused environment. To enroll your school, go to [www.fueluptoplay60.com](http://www.fueluptoplay60.com).





## USDA Foods: Healthy Choices. American Grown.

If you have been looking for the “Commodity” section of our webpage, you will find it under the new name, USDA Foods. This name change is a key component of the initiative to improve the public perception of USDA Foods.

The Iowa USDA Foods council is working hard to select items that will meet healthier guidelines. There are 180 items available from USDA, but a minimum order of one truckload requires that we limit the offerings in Iowa. There are also 42 items selected by the council that are processed for Iowa schools. Nutrient information is compared for these items to the Healthy Kids Act (HKA) for part of the score in the selection process. In some cases the winning product doesn't meet the HKA, but is still selected in order for schools to use their entitlement on traditionally popular items.

When you look over the new items for school year 2012 later this spring, keep in mind the need to lower sodium over time. Students and adults may prefer items with higher levels, but the council is working diligently to select processed items that are acceptable with less sodium.

USDA Foods has made significant improvements in the availability of whole grain offerings, legumes, lower fat, and lower sodium items. The best use of your entitlement is through these healthier choices. Keep in mind that USDA Foods provides between 15-20% of the food used by schools for the lunch program. Let's provide our program participants the benefit of USDA Foods: Healthy Choices, American Grown.

Follow this link to USDA Foods in Iowa.

<http://tinyurl.com/iowa-USDAFoods>

If you are interested in finding out about serving on the USDA Foods council, click on “USDA Foods Advisory Council Interest Form.”

### AMERICAN GROWN



## Youth in Action for a Healthy Iowa Video Contest Winners

Congratulations Maddi George and Natalie Ervolino from George Washington Middle School in Dubuque, for being named the winners of the Youth in Action for a Healthy Iowa video contest!

There were 14 entries total submitted by students, which were all creative, expressive, imaginative, and showcased how Iowa schools are making it easy for students to be healthy. The most exciting aspect is that they voice student-led health messages!

You will find the winning video under **Youth in Action for a Healthy Iowa** at:

[http://www.iowa.gov/educate/index.php?option=com\\_content&task=view&id=373&Itemid=1332](http://www.iowa.gov/educate/index.php?option=com_content&task=view&id=373&Itemid=1332)

Runners-up include Newell-Fonda CSD, West Monona CSD, Maquoketa Valley CSD (Nicole, Haley and Amy), Gilbert CSD, and Dubuque CSD (Anne, Haley, and Elizabeth). Congratulations!

All winning schools will receive monetary awards to support their school wellness efforts.

### Welcome to the Bureau – Lisa and Diana

We have two new Education Consultants to introduce! Lisa Robinson will be based out of Cedar Rapids and comes to the Bureau with training as a Registered Dietitian and experience in the Women, Infants and Children program, hospitals, and long term care arenas. Lisa will be involved with both School and Child Care Food Programs.

Diana Weber brings 18 years of Child Nutrition experience from Nevada Community School district along with food service experience at ISU before that. Diana will be based in the Des Moines office and involved with School and Summer Food Service Programs.

I also want to note a change in Carrie Scheidel's position. Carrie is responsible for the Fresh Fruit and Vegetable Program and has also taken the reins of the Summer Food Service Program.

Welcome to your new positions – we are glad you are here!

## Ask "IT"



### Webinar...? What's a Webinar?

With the evolution of computers there is always something newer, faster, and popular. The newest use of the computer and internet is Webinar. What is a Webinar?

Webinars are quite simply having conferences, meetings, trainings or presentations using the Internet connection on your computer. Instead of traveling to the site to "meet", you can sit at your desk at home or work to join the meeting. No travel needed and no fee required partaking.

The host/trainer will set up the webinar and participants/students will log into the website that will be provided. Depending on what web software the host will use, a participant will need to install or update files in order to take part in the webinar.

The Department of Education (DE) is currently using Adobe® Connect™ as the webinar solution. When the DE sets up a webinar typically instructions will be sent to participants beforehand. You are encouraged to test webinar/install components prior to scheduled webinars in order to ensure you will have no technical issues while webinar is broadcasting and lose out on vital information from the webinar.

Please check with your IT department about your Webinar use (policy) and assistance with installation.

Please send us questions you have about using our website(s) and we will attempt to answer them via email, newsletter or both. Please send your questions to [ellen.miller@iowa.gov](mailto:ellen.miller@iowa.gov).

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