Component Contribution - 2012-2013

Iowa Code	Item	Processor	Portion Size	Component Contribution				Nutrition Information			
				M/MA oz.	G/B	Fruit cup	Veg cup	Total Cal	Sat Fat (g)	Sodium (mg)	CHO (g)
2501	Barbeque Sauce	Mrs. Clark's	2 Tbsp					60	0	360	14
2509	Marinara Sauce Cups	Mrs. Clark's	2 oz.					40	0	460	6
2516	Salsa	Mrs. Clark's	½ cup				1/2	10	0	200	2
2518	Spaghetti Sauce	Red Gold	¼ cup				1/4	30	0	70	6
2523	Barbeque Sauce Cups	Mrs. Clark's	1.5 oz.					70	0	420	16
2526	Salsa Cups	Mrs. Clark's	2 oz.				1/8	30	0	320	6
2530	Cheese Sauce	JTM	1.82 oz.	1				108	4.6	395	2
2532	Macaroni and Cheese	Land O Lakes	6 oz.	2	1			290	6	980	32
2542	Cheese Stuffed Breadstick	Schwan	2 ea = 4.2 oz	2	WG 2			320	7	610	30
2548	Cinnamon Applesauce Cup	National Food Group	4.7 oz.			1/2		120	0	15	30
2549	Breakfast Wrap	Cargill Kitchen Solutions	3.1 oz.	2	1			180	4	480	14
2551	Skillet Omelet with Colby Cheese	Cargill Kitchen Solutions	2.1 oz.	2				110	3	210	1
2552	Egg, Patties	Cargill Kitchen Solutions	1.25 oz.	1				45	1	115	1
2565	Beef Crumbles	AdvancePierre	2.03 oz.	2				110	2.5	255	0
2566	Beef Patties, Precooked,2.5 oz	AdvancePierre	2.5 oz.	2				116	2.45	370	2
2571	Mandarin Orange Chicken (2.8 oz chkn. 1.12 oz sce)	Ling's	3.92 oz.	2	.75			210	1	340	18

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2575	Popcorn Chicken	Gold Kist Farms	14 pieces/3.08 oz.	2	1			190	2	630	13
2576	Chicken Chunks	Tyson	5 ea./3.35 oz.	2	WG 1			180	1.5	450	14
2577	Chicken Pattie	Tyson	91 g./3.26 oz.	2	WG 1			230	2	490	15
2588	Uncrustable WW PB/Strawberry	Smucker's	5 oz.	2	2			600	7	580	57
2589	Uncrustable WW PB/Grape	Smucker's	5 oz.	2	2			600	7	590	57
2590	Uncrustable WW PB/Grape	Smucker's	2.8 oz.	1	1.25			330	3.6	340	34
2591	Uncrustable WW PB/Strawberry	Smucker's	2.8 oz.	1	1.25			330	3.6	330	34
2592	Pork, Breaded Pattie	AdvancePierre	3.85 oz.	2	1.25			300	5	560	17
2593	Pork, Sausage Pattie	JTM	1.33 oz.	1				121	3.7	172	1
2594	Pork, Seasoned Roast	JTM	4.32	2				243	5.9	560	5
2595	Vegetarian Burrito	MCI Foods	5.75 oz.	2	2.5			355	3.6	587	54
2585	Charbroiled Turkey Pattie	AdvancePierre	2.5 oz.	2				130	2	290	3
2597	Beef, Seasoned Tips	JTM	4.1 oz.	2				233	6.1	352	5